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Tuesday



A man tends to a victim of Monday's blast.

Suicide Strike: Hamas says Tel Aviv bomber was justified | **7**

Pulitzers for Post: Paper's 4 prizes are most in its history | **4**

Crystal Ball: Wizards can clear up playoff picture with 2 wins | **13**



ENTERTAINMENT



Love x 3: Jeanne Tripplehorn shares a 'Big Love' on HBO. Also, Brit-poppers Placebo take their 'Meds.'

>> **17-23**

Weather >> Mostly Sunny



70 | 50

FULL FORECAST ON PAGE 37

Bush Team Shake-Up Looms

New chief of staff says it's time to 'refresh and re-energize'

WASHINGTON | President Bush's new chief of staff said Monday it was time to "refresh and re-energize the team," and he told senior White House aides who might be thinking about quitting this year to go ahead and leave now.

Taking charge in a time of crisis, with Bush's poll ratings at their lowest point ever and Republicans anxious about the November elections, Joshua Bolten laid down his pointed directive at his first meeting with top presidential aides.

He did not ask for anyone's resignation, and none of the senior aides stepped forward to say they would go, White House press secretary Scott McClellan reported later. But Bolten has Bush's full authority to make changes to the president's staff, and McClellan said he would expect announcements soon.

One of the first jobs to be filled is that of budget director — the position that Bolten left to become chief of staff. The job of domes-



Bolten

tic policy adviser at the White House is open as well. Further changes are clearly on the horizon, and Bolten gave top aides the option of leaving first.

"He wanted to make sure he had the team in place that is going to be here for a minimum of the remainder of the year," McClellan said. "And he said if people are thinking about leaving, that now is the time to come to such a decision." (AP)

Rainbows Gather at Soggy Easter Egg Roll



FAMILY FUN: Doug Metcalfe, left, and his partner, Brian Lahmann, show their tickets to the annual White House Easter Egg Roll to their daughter, Helen Lahmann-Metcalfe, 4, on Monday. About 200 gay and lesbian parents with about 100 children participated in the traditional Easter event, most wearing rainbow-colored leis as a political statement that they should be welcomed at the event. **Roll on:** Rain, protests don't dampen spirits at annual event | **Page 11**

HOOKY | Deadlocked-Up Jury A Pontiac, Mich., man was ordered to spend the weekend in jail after skipping out on jury duty. Ilya Kluzner must also write an essay on the historical significance of the American dream and why jury duty is crucial, the judge



ruled after finding the 24-year-old student in criminal contempt Thursday for missing the second day of a two-day drug-possession trial. "He just felt like he was skipping class," assistant prosecutor Jeffrey Kaelin said. (AP) **EyeOpeners** | **Page 2**

eyeOpeners

CAREER CHANGES

If 600 People Want to Be Bowling-Alley Owners

The winner of a Velva, N.D., bowling tournament gets a unique prize—the bowling alley. Darin Bail is selling Star City Lanes so he can spend time in Oregon. He came up with a plan to quickly hand off the business—get 600 people to spend \$250 each to enter a tournament and give it to the winner. “I call it the ‘ultimate winner take all,’” Bail said. “There’s one winner, no second-place prize. The winner gets the whole property—a bowling alley.” (AP)



CUSTOMIZATION

Bare Mail

A Calgary man’s attempt to have his own personalized stamps made was rejected because the photo he tried to have on the stamps—his topless wife—was found to be a violation of flag etiquette rules, the Sun reported.

Canada Post offers a service in which people can use their own photographs to customize and order stamps, so Frederick Potter sent off pictures of his wife, topless with maple leaves over her nipples. (EXPRESS)



AFP

VIOLENCE

I’ll Give Ya an Egg ... Sized Bruise, That is

A man in an Easter Bunny costume at a photo stand in a Fort Myers, Fla., mall

has been charged with battery after punching a woman while children in line watched, the News-Press reported. Erin Johansson was waiting with her family to have a photo taken when the set closed early. Johansson began

CARP

Not Made To Scale

You know the biblical tale of Jonah and the Whale; you may not have heard of Bunch of Japanese Children and the Carp. OK, so we don’t actually know if that was one of the stories involved with this set-up—a huge carp kids played in Monday—to be displayed at the Japanese Fairy Tale Festival in Kusa, Japan, on May 5. The carp, which will be flown in the air on the nation’s Children’s Day, is 164 feet long and 65 feet in circumference.

(EXPRESS)



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COLOSSAL CARNIVORE: Scientists say they're learning about one of the biggest meat-eating dinosaurs known, a two-legged beast whose bones were found in Argentina. The creature may have hunted in packs, which would have allowed it to stalk bigger prey.



Nation

In Brief

PROVIDENCE, R.I.

Ex-Tour Manager in Club Fire Plans Apology to Victims

The former rock band tour manager who ignited pyrotechnics that started a deadly nightclub fire in 2003 has written personalized letters of apology to relatives of all 100 people who were killed. The handwritten letters from Daniel Biechele, who pleaded guilty to 100 counts of involuntary manslaughter, will be delivered to family members after his sentencing next month. (AP)

MAMMOTH LAKES, CALIF.

3 Injured After Avalanche At Mountain Ski Resort

An avalanche struck a northern California ski resort Monday and three people suffered minor injuries, an official said. Searchers were trying to determine if there were any other victims. The avalanche at Mammoth Mountain, 190 miles east of San Francisco, occurred shortly after 2 p.m., said Fire Chief Brent Harper. (AP)

NEW YORK

Transit Union Fined \$2.5M For Illegal Bus, Train Strikes

A judge fined the city transit union \$2.5 million Monday for the illegal strike that brought buses and subways to a standstill for three days just before Christmas. Judge Theodore Jones of state Supreme Court in Brooklyn also ruled that Transport Union Workers Local 100's automatic dues collection would be suspended indefinitely. (AP)

States Omit Minorities' Test Scores

'No Child' loophole masks achievement gap between students

WASHINGTON | States are helping public schools escape potential penalties by skirting the No Child Left Behind law's requirement that students of all races must show annual academic progress.

With the federal government's permission, schools deliberately aren't counting the test scores of nearly 2 million students when they report progress by racial groups, an Associated Press computer analysis found.

Minorities — who historically haven't fared as well as whites in testing — make up the vast majority of students whose scores are being excluded, AP found. And the numbers have been rising.

Under the law championed by



PICK ME: Third-graders Daniella Gama-Diaz, Paige Simpson and Danielle Levine listen as Shannon Daniel teaches a lesson in Township, Mich., in this 2006 photo.

President Bush, all public school students must be proficient in reading and math by 2014, although only children above second grade are required to be tested.

Schools receiving federal poverty

aid also must demonstrate annually that students in all racial categories are progressing or risk penalties that include extending the school year, changing curriculum or firing administrators and teachers.

The U.S. Education Department said it didn't know the breadth of schools' undercounting until seeing AP's findings.

"Is it too many? You bet," Education Secretary Margaret Spellings said in an interview. "Are there things we need to do to look at that, batten down the hatches, make sure those kids are part of the system? You bet."

Students whose tests aren't being counted in required categories include Hispanics in California who don't speak English well, blacks in the Chicago suburbs, American Indians in the Northwest and special education students in Virginia, AP found.

The law signed by Bush in 2002 requires public schools to test more than 25 million students periodically in reading and math. No scores can be excluded from the overall measure. FRANK BASS (AP)

2 Duke Lacrosse Players Indicted

DURHAM, N.C. | A grand jury issued sealed indictments Monday against two members of the Duke University lacrosse team in connection with allegations that a stripper was raped last month at a team party, a source close to the case told The Associated Press.

The source, speaking on condition of anonymity because the grand jury proceedings are secret,

said he did not know which players on the 47-member team were indicted.

The grand jury adjourned Monday afternoon, handing up indictments a short time later to Superior Court Judge Ronald Stephens. A filing at the courthouse said the judge had sealed at least one indictment.

A 27-year-old black woman told police she was attacked March 13 by three white men in a bathroom at a party held by the lacrosse team.

TIM WHITMIRE (AP)

Okla. Man Charged in Girl's Murder

PURCELL, OKLA. | A grocery store stocker was arraigned Monday on first-degree murder charges in the killing of a 10-year-old girl in what authorities said was an elaborate plan to eat human flesh.

Kevin Ray Underwood, 26, was led into court with his hands and feet shackled, and spoke softly as he told the judge he needed a public defender.

McClain County Judge Gary D. Barger entered a not guilty plea for

Underwood, whose court-appointed attorneys requested a gag order.

Authorities believe Underwood killed Jamie Rose Bolin last week after she disappeared after going to a library. Her funeral was scheduled for Thursday.

SEAN MURPHY (AP)



Underwood

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The amount, in millions, collected by Pa. Sen. Rick Santorum ahead of Nov. elections. He has a 2-to-1 cash advantage over his Democratic opponent, but trails in the polls by double digits.

Post Awarded 4 Pulitzers

Two Gulf Coast papers lauded for public service during hurricanes

WASHINGTON | The Washington Post won four Pulitzer Prizes Monday, including awards for breaking open the Jack Abramoff lobbying scandal and disclosing the existence of secret CIA prisons overseas, while two newspapers whose regions were devastated by Hurricane Katrina shared the prize for public service.

It was the biggest haul in The Post's history.

At The Post, Susan Schmidt, James V. Grimaldi and R. Jeffrey Smith won the Pulitzer for investigative reporting for coverage on abuses by Republican lobbyist Abramoff. Dana Priest won the beat reporting award for her stories including uncovering that the CIA was using secret prisons in Eastern Europe to interrogate terror suspects.

David Finkel won the explanatory reporting prize for his work on



GOOD TIMES ROLL: Times-Picayune Editor-in-Chief Jim Amoss, center, and editor Terry Baquet, right, celebrate the news in the New Orleans newsroom Monday.

U.S. efforts to export democracy to Yemen. And Robin Givhan won the award for criticism for her sometimes unorthodox writing about fashion.

The New Orleans Times-Picayune, whose headquarters was shut down by Katrina, won both the breaking news and pub-

lic service awards for coverage of the hurricane, and the Biloxi, Miss., Sun Herald shared the public service prize. HOWARD KURTZ (THE WASHINGTON POST)

2006 Post Pulitzer Prizes:
Find a complete archive of the winning stories at washingtonpost.com

New, Safer Drug Helps Prevent Breast Cancer

Medication used for osteoporosis could displace tamoxifen

WASHINGTON | A newer drug prevents breast cancer in older, high-risk women just as well as today's standby tamoxifen — but with fewer side effects, the National Cancer Institute announced Monday.

Called raloxifene, the newer drug already is sold to treat bone-thinning osteoporosis.

But the striking new results, from a government study of nearly 20,000 women, suggest that raloxifene may supplant its older cousin as the first choice for breast cancer prevention in postmenopausal women at high risk of developing the disease.

Manufacturer Eli Lilly & Co., which sells raloxifene under the

brand name Evista, plans to seek Food and Drug Administration approval for the new use.

Until now, tamoxifen has been the only drug approved to reduce the chances of breast cancer striking high-risk women.

Estrogen can fuel certain breast cancers, making tamoxifen a long-time top choice both to prevent the disease's return in women with estrogen-sensitive tumors and to reduce the odds of it striking high-risk women in the first place.

However, tamoxifen causes some rare but serious side effects: increasing users' risk of getting uterine cancer or a life-threatening blood clot.

Taking either drug daily for up to five years cut in half women's chances of developing invasive breast cancer, NCI announced Monday.

LAURAN NEERGAARD (AP)

Maine Slayings Renew Offender List Anxieties

CORINTH, MAINE | A man who shot two sex offenders to death in Maine got their names from the state's online sex offender registry, authorities said Monday, renewing fears that such lists expose ex-convicts to vigilante violence.

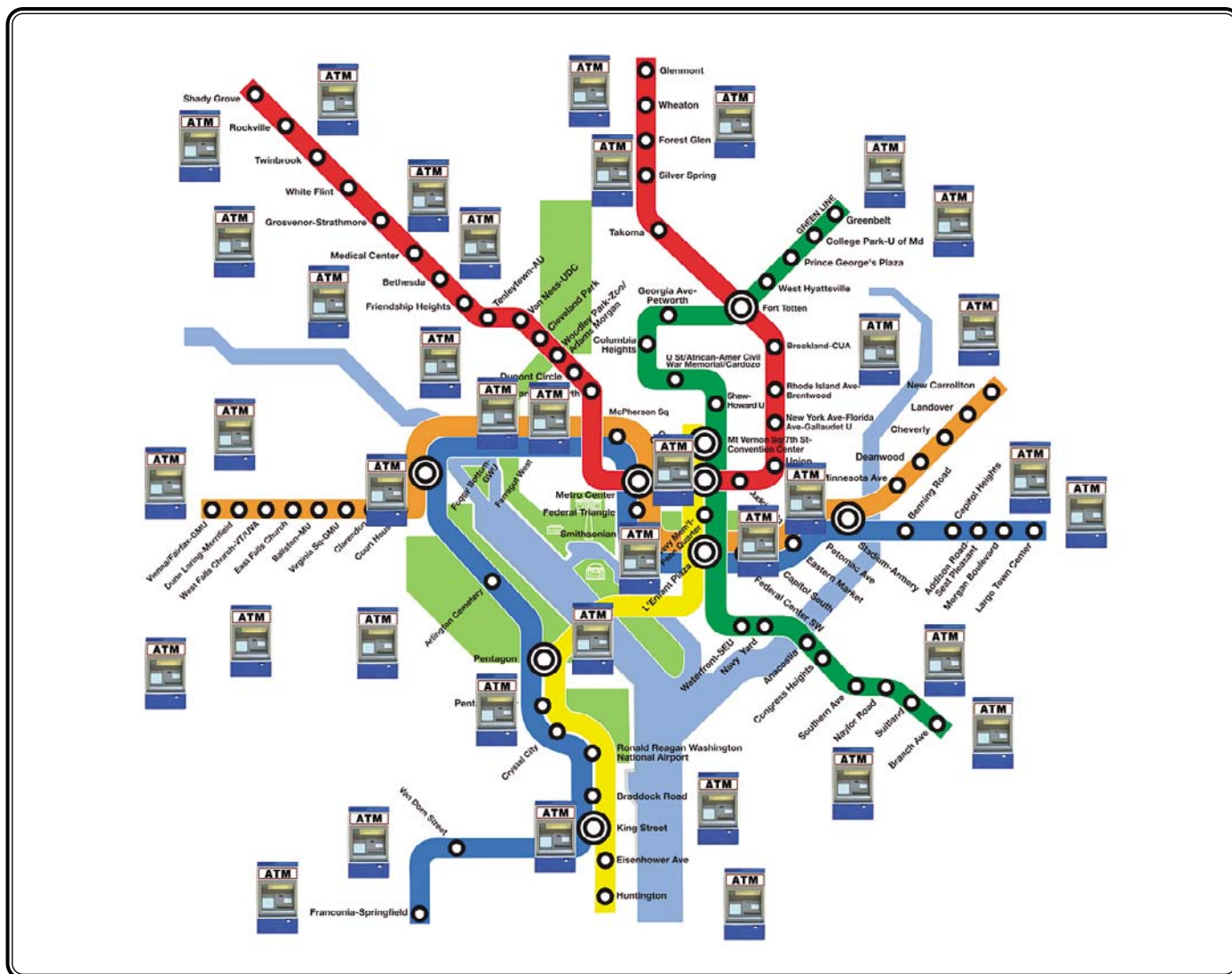


Marshall

The gunman, Stephen A. Marshall, a 20-year-old from Canada, committed suicide Sunday night in Boston after being cornered by police.

Investigators were uncertain what relationship, if any, Marshall had with the two victims, who were killed Easter Sunday morning at their homes 25 miles apart, but the two men were among 34 names Marshall had looked up on the state Web site, police said. (AP)

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Nation



GAUNTLET: Former Illinois Governor George Ryan is surrounded by cameras as he leaves court following a verdict of guilty on all counts in Chicago on Monday.

Guilty Verdict for Ex-Ill. Gov. Ryan

Lawmaker convicted
of racketeering, faces
up to 20 years in prison

CHICAGO | Former Gov. George Ryan was convicted of corruption Monday in the scandal that ended his political career in 2003, a time he also was winning international acclaim for commuting the sentences of everyone on Illinois' death row.

Ryan, 72, sat stone-faced as the verdict was read, and vowed afterward to appeal.

He was convicted of steering state contracts and leases, including a \$25 million IBM computer deal, to political insiders while he was Illinois secretary of state in the 1990s and then governor for one term. In return, he got vacations in Jamaica, Cancun and Palm Springs,

and gifts ranging from a golf bag to \$145,000 in loans to his brother's floundering business.

"I believe this decision today is not in accordance with the kind of public service that I provided to the people of Illinois over 40 years, and needless to say I am disappointed in the outcome," the Republican former governor said.

U.S. Attorney Patrick Fitzgerald called Ryan's actions "a low watermark of public service." Fitzgerald, who also led the Washington investigation of the CIA leak, added: "If they keep stealing, we'll keep chasing them."

The jury in the state's biggest corruption trial in decades found Ryan guilty on all counts, including fraud, lying to the FBI and racketeering conspiracy, which alone could bring 20 years in prison at sentencing Aug. 4. MIKE ROBINSON (AP)



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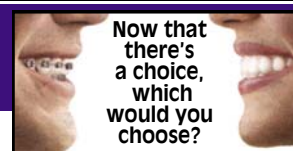
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The amount, in millions, the government of Greece plans to add to its spending this year in order to promote Greek olive oil overseas, officials said Monday. Greece produces about 441,000 tons of olive oil annually.

World

In Brief

TEHRAN, IRAN

Ahmadinejad Makes New Claim of Centrifuge Testing

Iran's president has thrown a new wrinkle into the nuclear debate by claiming his country is testing a centrifuge that could be used to more speedily create fuel for power plants or atomic weapons. But some analysts familiar with the country's technology said Monday that President Mahmoud Ahmadinejad could be exaggerating Iran's capabilities, either to boost his own support or to persuade the U.N. nuclear watchdog agency to back off. (AP)



Supporters of Chad's President Idriss Deby rally in N'Djamena on Monday.

N'DJAMENA, CHAD

President Backs Off Threat To Expel Darfur Refugees

Chad's president on Monday backed off a threat to expel Sudanese refugees, heeding international calls to protect the tens of thousands who have fled the volatile Darfur region. President Idriss Deby has been trying to draw attention to Chad's problems as he seeks help in stopping rebels — which he says are backed by Sudan — who launched an unsuccessful assault Thursday on the capital of N'Djamena. (AP)

LIMA, PERU

Challenger in Runoff Won't Be Known Until Month's End

The chief of Peru's vote-counting office said Monday that Peruvians won't know until month's end whether former President Alan Garcia or former Congresswoman Lourdes Flores will face national Ollanta Humala in a presidential runoff. More than 7,700 vote-tally sheets have been held up due to various problems. (AP)

Suicide Bomber Kills 9 in Tel Aviv

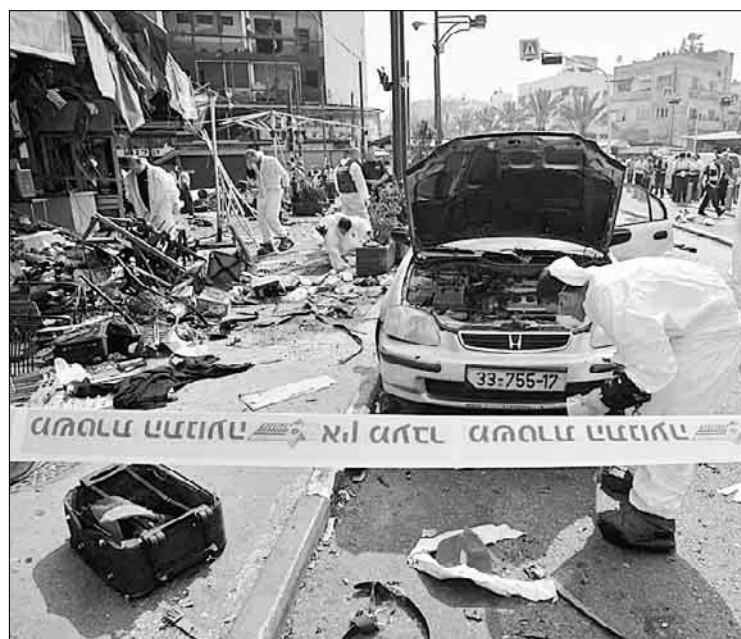
Hamas calls attack a legitimate response to Israeli 'aggression'

TEL AVIV, ISRAEL | A suicide bombing at a crowded restaurant during Passover killed nine people and drew a divided response from the Palestinian Authority — a sharp departure from previous governments' immediate condemnations of such attacks.

Hamas, which took control of the Palestinian legislature 2½ weeks ago following its election victory, defended Monday's attack — claimed by a separate Islamic militant group — as a legitimate response to Israeli "aggression."

"We think that this operation ... is a direct result of the policy of the occupation and the brutal aggression and siege committed against our people," said Khaled Abu Helal, spokesman for the Hamas-led Interior Ministry.

But the moderate Palestinian president, Mahmoud Abbas of the



DEADLY SCENE: Israeli explosives experts inspect the site of a suicide bomber's attack. Nine people died near a crowded fast food restaurant in Tel Aviv Monday.

rival Fatah party, condemned the bombing and said he had ordered Palestinian security forces to prevent future attacks.

Israel said it held Hamas respon-

sible for the attack in Tel Aviv even though a separate group, Islamic Jihad, claimed responsibility. Islamic Jihad has close ties to Israel's archenemy, Iran.

The bomb attack took place just two hours before Israel's newly elected parliament was sworn into office, and Prime Minister-designate Ehud Olmert said Israel would react with appropriate means.

The suicide bombing took place about 1:40 p.m. when the attacker, carrying a bag stuffed with 10 pounds of explosives, approached "The Mayor's Falafel" near Tel Aviv's central bus station. The restaurant, which had been the target of a January bombing, was packed with Israelis on vacation during the weeklong Passover holiday.

A guard was checking the bomber's bag when the device exploded, police and witnesses said.

"Suddenly there was a boom. The whole restaurant flew in the air," said Azi Otmazgo, 35.

The bomb, laced with nails and other projectiles, shattered car windshields, smashed windows and blew away the restaurant's sign. Police said nine civilians and the bomber were killed and dozens were wounded. LAURIE COPANS (AP)

At Least 67 Die in Mexico Bus Crash

VERACRUZ, MEXICO | A vastly overcrowded passenger bus veered off a highway emergency ramp and crashed through a metal barrier Monday, plunging more than 650 feet into a ravine in eastern Mexico. At least 67 people were killed, including four children.

Four people — including an 8-year-old girl — were injured in the

wreck that came as the bus traveled on steep mountainous roads. The bus had already traveled for more than 10 hours as it returned from an Easter week gathering in the western city of Guadalajara to the passengers' home state of Tabasco.

Police did not immediately know what caused the crash, but said the driver had been trying to maneuver into a lane designed for vehicles that have brake or other mechanical failure as the bus descended one of the area's many winding roads. (AP)

Japanese WWII Vet Found in Ukraine

TOKYO | A former Japanese soldier last seen by his family when he went off to fight in World War II has resurfaced in Ukraine and is returning home to see his relatives after 60 years, the government said Monday.

Ishinosuke Uwano, now 83, had been declared among Japan's war dead in 2000.

Suminori Arima, a health official in charge of locating war vet-

erans lost overseas, declined to say where Uwano had been the past six decades or why he had not been in touch with his family in Japan.

He said Uwano was expected to arrive Wednesday with his Ukrainian son to spend 10 days with his surviving relatives in Iwate.

Arima said the aging Uwano asked someone in his local Ukrainian community to help him track down his Japanese relatives. (AP)



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21st Century Science *vs.* Depression

Wednesday, April 19 at 5:30 p.m.,
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Jefferson Building, The Library of Congress

William Safire, New York Times columnist and chairman of the Dana Foundation, moderates a discussion of depression and its treatments with Dr. Carl Elliott, professor of pediatrics and philosophy at the University of Minnesota's Center for Bioethics, and Dr. Steven E. Hyman, provost of Harvard University and professor of neurobiology at Harvard Medical School.

Some of the questions they may address include:

- Where are we in our understanding of depression?
- Is today's rush to antidepressants good medicine or good business?
- What are the benefits and risks of using medical technologies to treat problems of mental health?
- How can society make sure that the desperately ill, as well as those less debilitated, are getting the treatments they need?
- When can we expect new and more effective therapies?



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This public discussion, held in conjunction with a two-day conference, is sponsored by the Library of Congress Office of Scholarly Programs, Dana Foundation, Heinz Family Philanthropies, and the National Institute of Mental Health. For more information call 202.707.0235.

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SCREEN-N-SNIFF: A theater audience in Tokyo will be sniffing their noses — literally — at a new Hollywood film when it opens in Japan later this month. A new device will synchronize seven different floral and herbal smells to parts of "The New World," starring Colin Farrell.

World

U.S. Repels Ramadi Attack

Troops also engage in intense gunbattle with insurgents in Baghdad

RAMADI, IRAQ | U.S. troops repelled an attack Monday by Sunni Arab insurgents who used suicide car bombs, rocket-propelled grenades and automatic weapons in a coordinated assault against this city's main government building and two U.S. observation posts.

The fighting in Ramadi, the capital of Anbar province, provided fresh evidence that the insurgency is thriving in Sunni Arab-dominated areas despite last month's decline in U.S. deaths.

In Baghdad, U.S. and Iraqi forces fought an hours-long gunbattle with about 50 insurgents in the Sunni Arab district of Azamiyah, the U.S. military said. Five insurgents were killed and two Iraqi troops were wounded, the U.S. said.

There were no reports of U.S. casualties in the 90-minute attack



U.S. Marines patrol near a damaged hotel in Ramadi, Iraq on Monday.

in Ramadi, the second in the past 10 days against the government headquarters for Anbar.

In order to quell sectarian unrest, U.S. officials have been urging the Iraqis to speed up formation of a national unity government of Shiites, Sunnis and Kurds. The process has stalled because of Sunni and Kurdish objections to the Shiite candidate to head the new government, Prime Minister Ibrahim al-Jaafari.

Prospects for a quick end to the

SADDAM ON TRIAL

→ **Saddam Hussein's** lawyer Monday challenged findings of handwriting experts verifying the former president's signature on documents linked to a crack-down on Shiites, and demanded a review by new specialists.

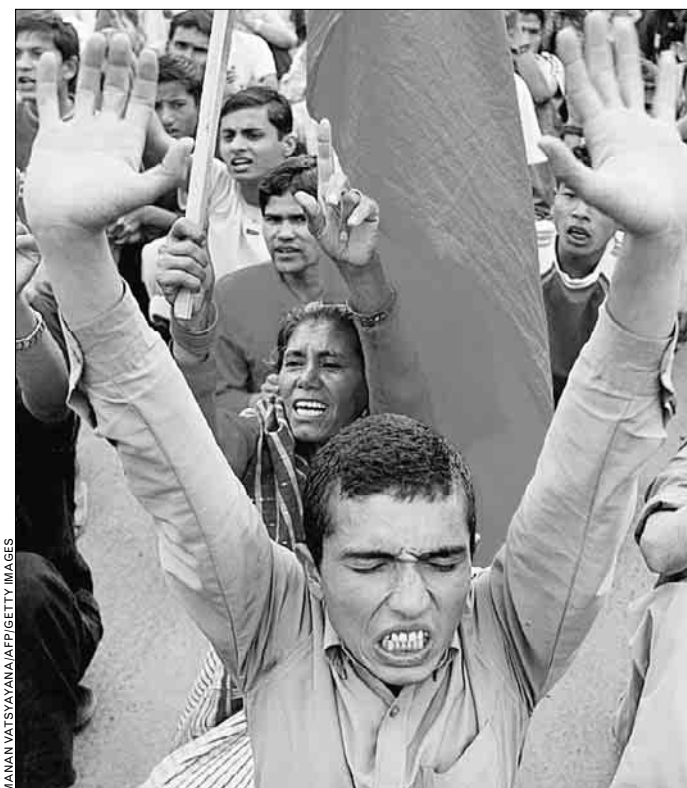
→ **In a previous session**, Saddam had refused to confirm or deny his signature, and some of his co-defendants had said their alleged signatures on other documents were forgeries. (AP)

stalemate were in doubt Tuesday as al-Jaafari's Dawa party pledged to support him for another term as long as he wants the job.

Parliament had been set to meet Monday to try to break the deadlock, but the session was postponed after Shiite politicians gave assurances they could reach a decision on al-Jaafari themselves without a bruising parliamentary fight.

TODD PITMAN (AP)

NEPAL | FIFTH PROTESTER FATALLY SHOT



DEEP BELIEF: Protesters shout anti-government slogans during a rally in Katmandu Monday. Security forces fatally shot a fifth protester during the twelfth day of pro-democracy protests, the worst political turmoil to engulf the nation since King Gyanendra seized absolute power 14 months ago.

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Participants must be:

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- Ages 18 to 60
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- Not currently taking psychiatric medications

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Compensation is provided for participation.**

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(TTY: 1-866-411-1010)

<http://patientinfo.nimh.nih.gov>
or for other studies: www.clinicaltrials.gov



The National Institute of Mental Health **NIMH**
National Institutes of Health, Department of Health & Human Services
National Institute of Mental Health

Local

5 Hotels Join Harbor Plan

Riverside project picks up steam as developers create 'entrance point'

UPPER MARLBORO | Five major hotel and resort operators have agreed to open properties at National Harbor, a \$2 billion waterfront project.

Plans call for Westin, Marriott, Hilton, Fairfield Resorts and Starwood Hotels & Resorts to add 900 more rooms to the 2,000

already being built by Gaylord Hotels along the Potomac River.

Gaylord is building a hotel and convention center as the centerpiece of a 350-acre development just off the Capital Beltway in Oxon Hill. Officials hope the project will be comparable to Baltimore's Inner Harbor or Chicago's Navy Pier.

"These hotels are going to create the entrance point to the state of Maryland," said Prince George's County Executive Jack

B. Johnson.

While the Washington area benefits from 31 million tourist visits each year, very few stay in Prince George's County. Other areas like Old Town Alexandria in Virginia or Bethesda and Rockville have drawn far more overnight visitors.

"We're putting together the ingredients to make this place live day and night," said Milton V. Peterson, the project's developer.

DERRILL HOLLY (AP)

The Washington Post | EMANCIPATION DAY



LET FREEDOM RAIN: It wasn't the nicest day for a parade, but that didn't stop the Emancipation Day activities on Pennsylvania Avenue on Monday. The relatively new DC holiday, sponsored by the government, marks April 16th, 1862, when slavery was abolished in the city. | **Inside Metro**

Father of Shooter Is Arrested

Man whose son took gun to school charged in assault on mother

ROCKVILLE | The father of an 8-year-old boy who shot a classmate at a daycare in January turned himself in Monday on new charges that he attacked and stabbed the boy's mother last week at a Gaithersburg apartment complex.

John Linwood Hall, 56, already faces firearms and other charges stemming from the shooting at the Germantown daycare center. His son allegedly used a gun he found in his father's apartment to shoot a 7-year-old classmate in the arm.

On Thursday, Hall allegedly confronted his ex-girlfriend, who is also the boy's mother, at her apartment. He punched her and cut her with a small knife, according to police. Authorities issued a warrant for his arrest on assault, reckless endangerment and other charges.

Hall was out on bond at the time. He is expected to go on trial next month for the daycare shooting. (AP)

Taxes Due Tuesday in Maryland and District

Monday holiday in Massachusetts gives filers get an extra day

WASHINGTON | It was tax day for Virginia residents and most of the country Monday, while Maryland and D.C. have one more day.

Because the normal April 15th filing deadline fell on a Saturday this year, it was extended to Monday. That means last-minute filers had to get their returns in the mail by

midnight or request an extension.

There are still some exceptions. Taxpayers who live in Maine, Maryland, Massachusetts, New Hampshire, New York, Vermont or Washington, D.C., have until Tuesday because Tuesday is Patriots Day in Massachusetts, where those returns are processed.

There's another break for residents who lived in any one of the counties or parishes severely damaged by Hurricane Katrina. They have until August 28th to file. (AP)

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TRASH DECISION: For those in D.C. whose trash wasn't picked up Monday because of the holiday, it will be taken Tuesday. Tuesday's trash will be taken Wednesday. (EXPRESS)

75

The percent of Maryland voters who said they're very concerned about bigger utility bills, according to a poll released Tuesday by a nonpartisan public opinion firm. Only 12 percent of respondents blamed Gov. Ehrlich for rate increases.

Local



A group of well-dressed children among the thousands who attended the annual White House Easter Egg Roll on Monday scoop their eggs in wet, soggy grass.

Rains Don't Ruin Annual Egg Roll

Despite cold weather, event at White House draws kids, protestors

WASHINGTON | They waited in line overnight on Friday, then slogged their eight highly-polished shoes through squishy, muddy grass Monday, all to roll some Easter eggs on the White House lawn.

But for the Gri-Mott family of Oakton, Va., every mucky, cranky minute was worth it, because in addition to their four perfectly pressed pairs of pants, four starched collars, four ties and those shoes, the quartet of two fathers and two sons

wore rainbow colored leis. And they believe by doing that, they helped change America a little bit.

Daniel Gri and James Mott were two of about 200 gay or lesbian parents who came with about 100 children to the Easter event and wore the colorful leis to show Americans "we are everywhere," Mott said.

The only sign of protest was a half dozen men who stood outside the gates with signs and a bullhorn they used to yell at families, telling parents their children would be punished with colds for coming, and that the Easter Bunny and gay families are all make-believe.

PETROLA DVORAK (THE WASHINGTON POST)

In Brief

ARLINGTON

Plans for Improvements to Sewage Plant are Scrapped

Plans to give Arlington's sewage plant a makeover are now in the toilet. The county hired environmental artist Mary Miss three years ago and has spent \$650,000 on the project. But officials quietly dumped the project last summer after their focus shifted to a required

upgrade of the plant to reduce pollution. Miss worked to dress up the site with a fern garden, flowering vines, fountains and rain gardens; she also wanted to run steel mesh fence around the perimeter. But the county is facing a December 2007 deadline and costs running \$60 million higher than expected to expand the plant. (AP)

COLUMBIA, MD.

Woman Given Max Sentence in Strangulation Conviction

A Columbia, Md., woman con-

victed of involuntary manslaughter in the strangulation death of her friend, a fellow graduate student, last year has been sentenced to the maximum term of 10 years in prison. However, Melissa Burch Harton, 26, could be eligible for parole in about a year and a half. The 10-year sentence was handed down Monday with credit for time served, nearly a year in the Howard County Detention Center. She could be considered for parole after serving 25 percent of her sentence, officials said. (AP)

MEGA MILLIONS

DRAWINGS TUESDAY AND FRIDAY

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The Lotteries

Monday, April 17

DISTRICT	
Mid-day Lucky Numbers	9-3-0
Evening Lucky Numbers	7-7-1
Mid-day DC 4	8-9-4-2
Evening DC 4	1-5-3-5
Rolling Cash Five	33-7-24-10-31
Daily 6	27-22-6-1-36-8 (17)

MARYLAND	
Mid-day Pick 3	1-4-5
Evening Pick 3	5-6-4
Mid-day Pick 4	6-3-8-2
Evening Pick 4	8-3-3-8
Match 5	1-16-17-26-34 (6)
VIRGINIA	
Mid-day Pick 3	2-3-4
Mid-day Pick 4	4-2-1-4
Mid-day Cash 5	4-5-8-19-25

All winning numbers are official only when validated at a lottery ticket location or a lottery claims office. Drawings that occur after Express's deadline will be published two days later.

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Apr. 22, 4:30 p.m. & Apr. 23, 1 p.m.
Family Theater, Tickets \$5

ANATOMY OF GRAY

By Jim Leonard, University of Evansville
A small-town girl's extraordinary tale
of love, loss, and salvation.

Apr. 22, 7:30 p.m. & Apr. 23, 1:30 p.m.
Terrace Theater, Tickets \$5

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Apr. 20, 7 p.m., Terrace Theater

Mature themes, parental guidance advised for all performances

THE BEWITCHED TONIGHT!

BY PETER BARNES, MIDDLEBURY COLLEGE

A hysterical and scathing look at blind
obedience in 16th-century Spain.

Apr. 18 & 19, 7 p.m.
Terrace Theater, Tickets \$5

BOY GETS GIRL

BY REBECCA GILMAN, UNIVERSITY OF IDAHO

A blind date turns into
a terrifying obsession.

Apr. 19 & 20, 7:30 p.m.
Family Theater, Tickets \$5

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The Kennedy Center



Money

Skilling: 'Nothing to Hide'

In cross-examination,
ex-Enron CEO denies
tailoring his testimony

HOUSTON | Former Enron Corp.
Chief Executive Jeffrey Skilling
denied Monday he had tailored
his testimony to undermine gov-
ernment allegations that he knew
his company resorted to account-
ing tricks and other fraud to post
impressive results.

The ex-CEO, in the 12th week of
his fraud and conspiracy trial along-
side Enron founder Kenneth Lay,
reiterated he had nothing to hide as
his cross-examination by prosecu-
tor Sean Berkowitz began.

"I have nothing to hide, Mr.
Berkowitz," Skilling said. "I don't
think it's a question of tailoring
your testimony. I will respond to
your questions to the best of my
ability."

The ex-CEO was matter-of-
fact rather than openly combat-



Jeffrey Skilling, center, and his attorney, Daniel Petrocelli, head for court Monday.

ive, though Berkowitz at times cut
him off.

On Monday, Berkowitz chal-
lenged several statements Skilling
made last week during four days
of initial questioning by his lead
attorney, Daniel Petrocelli. Among
those were Skilling's insistence

that his Enron stock sales, which
grossed \$63 million in 2000 and
2001, were proper, and Skilling's
assessment of the worth of Enron's
hodgepodge of international assets
when he abruptly resigned from the
company in mid-August 2001.

KRISTEN HAYS (AP)

Oil Prices Soar Past \$70 Per Barrel

WASHINGTON | Oil prices settled at
a record high above \$70 a barrel
on Monday, rising more than \$1 on
concerns about supply disruptions
in Nigeria and diplomatic tensions
between the West and Iran over

Tehran's nuclear ambitions.

Light sweet crude for May deliv-
ery settled at \$70.40 a barrel on the
New York Mercantile Exchange, an
increase of \$1.08 from Thursday's
close and 59 cents above the previ-

ous closing record set last August.
The exchange was closed Friday.

The gasoline market was also
delivered a jolt on Monday, with
Nymex gasoline futures jumping
6.18 cents to settle at \$2.1697 a
gallon — the highest level since
late September. (AP)

Market Action

New York Stock Exchange

Gainers

STOCK	LAST	DAILY CHANGE	DAILY PERCENT CHANGE
GardDen	72.36	+8.26	+12.9
EgyPrt	27.09	+2.74	+11.3
AllmrST	9.81	+0.96	+10.8
VF Cp	61.00	+4.94	+8.8
CitizInc	5.43	+0.41	+8.2

Losers

STOCK	LAST	DAILY CHANGE	DAILY PERCENT CHANGE
NwprRs	6.14	-1.28	-17.3
CtiAir B	24.42	-2.95	-10.8
StuLnCp	210.80	-24.96	-10.6
AMR	23.63	-2.27	-8.8
CascdeCp	40.25	-3.75	-8.5

NASDAQ Stock Market

Gainers

STOCK	LAST	DAILY CHANGE	DAILY PERCENT CHANGE
MagelPt	2.63	+0.61	+30.2
BluDolp	7.99	+1.81	+29.3
IntchgFS	22.30	+3.23	+16.9
StrchMb	4.22	+0.60	+16.6
Valentis	3.47	+0.48	+15.9

Losers

STOCK	LAST	DAILY CHANGE	DAILY PERCENT CHANGE
Bookham	6.38	-2.36	-27.0
CrwnMedia	4.78	-1.02	-17.6
Innotrac	2.98	-0.53	-15.1
KellySB	26.05	-3.95	-13.2
TOP Tans	8.61	-1.24	-12.6

Rates

	CURRENT	PREVIOUS WEEK
Prime Rate	7.75	7.75
Fed Funds close	4.875	4.8125
3-month disc	4.58	4.57
2-year	4.90	4.89
10-year	5.01	4.96
30-year	5.08	5.03

Currency (Dollars in foreign currency)

	TODAY	PREVIOUS DAY	YEAR AGO
British Pound	.5652	.5708	.5287
Canadian Dollar	1.1459	1.1510	1.2475
European Euro	.8158	.8256	.7748
Japanese Yen	117.76	118.60	107.76
Mexican Peso	11.0470	11.0920	11.0970
Taiwanese Dollar	32.41	32.43	31.59

DOW	NASDAQ	S&P 500
-63.87	-14.95	-3.79
-0.57	-0.64	-0.29
11073.78	2311.16	1285.33

Biotech Stocks

STOCK	LAST	DAILY CHANGE	YEAR TO DATE PERCENT CHANGE
Amgen	69.61	-.46	-11.7
Amylin	47.46	-1.37	+18.9
BiogenIdc	45.00	-.04	-.6
Celgene s	37.65	-.31	+16.2
ChRvLab	48.27	+.27	+13.9
Chiron	47.95	+.01	+7.9
Genentch	81.75	+.07	-11.6
Genzyme	64.35	-.47	-9.1
GileadSci	61.19	-.24	+16.4
Imclone	33.03	+.04	-3.5
Invitrogn	64.11	-3.30	-3.8
MedImun	34.51	-.14	-1.5
MillPhar	9.31	-.08	-4.0
PDL Bio	29.65	-.10	+4.3
VertxPh	35.47	-.29	+28.2



"I want to take this opportunity to let everyone know that I'm feeling good and on the road to recovery."

—Nuggets rookie Julius Hodge, practicing for the first time since he was shot earlier this month

Sports

Wizards Shoot for East's 5th Spot

Washington eyes its playoff position a day after clinching berth

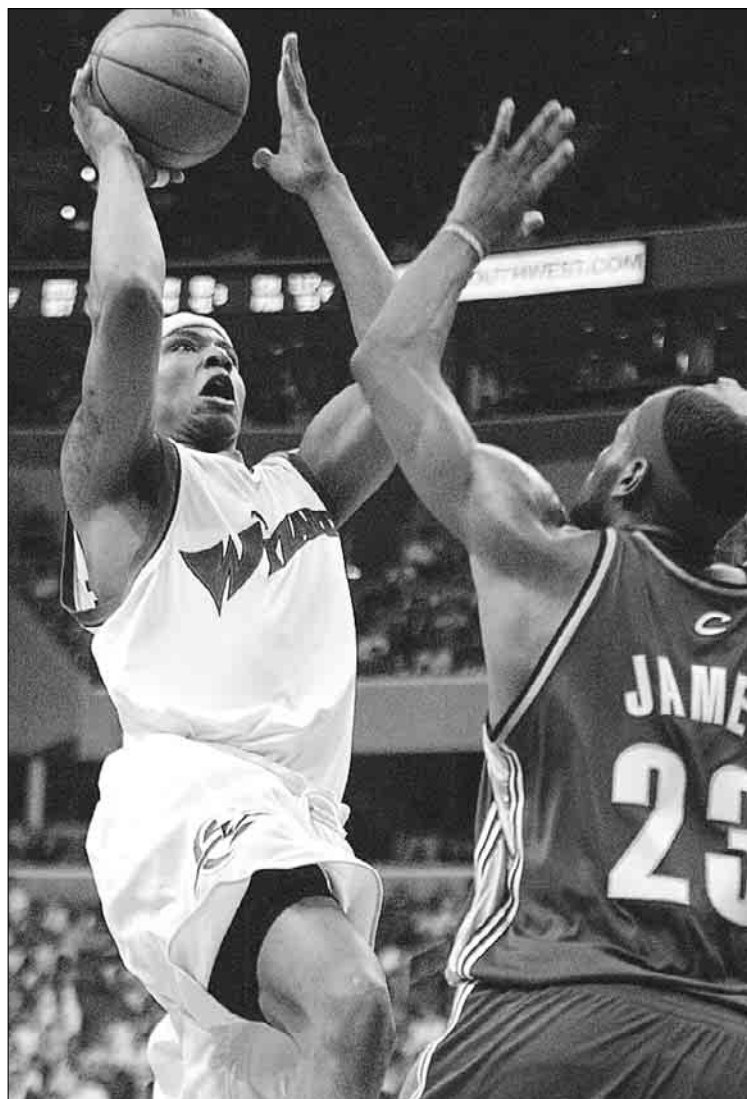
WIZARDS | It's easy to get a headache trying to figure all the possible playoff permutations for the Washington Wizards. A four-way tie for the final four spots in the Eastern Conference? It still possible, even with 48 hours or so left in the regular season.

"It's funny looking at this as a fifth seed with 40 wins, and the eighth seed has 39 wins," point guard Gilbert Arenas said Monday.

And if you're coach Eddie Jordan, you say something like: "Don't celebrate yet, there is still work to be done."

The Wizards clinched a playoff berth Sunday with their victory over Cleveland, but they'll almost certainly need to beat Milwaukee on Tuesday — and maybe Detroit on the road in Wednesday's regular season finale — to hold on to the coveted No. 5 seed and avoid top teams Detroit, Miami and New Jersey in the postseason's first round.

"We don't want to say 'We're in' and be satisfied," Jordan said. "I think our records show we might be a little bit better against Cleveland than Miami, and I think that's where we want to end up."



BUTLER DOES IT: Caron Butler shoots over LeBron James in the Wizards' victory over the Cleveland Cavaliers Sunday. The teams could meet again in the playoffs.

SCENARIO GENERATOR

Any one of these would land the Wizards the 5th seed in the East:

- Wizards wins their next two games.
- Chicago, Indiana, and Milwaukee lose their last two games.
- Washington and Indiana tie for fifth at end of season.
- Washington, Indiana, Chicago and Milwaukee all go 1-1 in their next two games.

That might have been the understatement of the year. The Wizards have lost 16 straight to the Heat, including a four-game sweep in last year's playoffs.

But if they're at No. 5, the Wizards would get the more favorable matchup against the fourth-seeded Cavaliers. It would be a high-profile meeting because it would be LeBron James' playoff debut, but Washington won the season series 3-1 and feel well-suited to stop LeBron and Co. If nothing else, they use 6-foot-11 Jared Jeffries as a guard, giving them some size against James on the perimeter.

"Everyone is trying to dodge certain teams," Arenas said. "No one wants to play a Detroit or a Miami in the first round because they want to get to the second round."

JOSEPH WHITE (AP)

Swengali

WIZARDS | BY MATT SWENSON

Wizards: Back For Seconds

THE BACK DOOR STAYED OPEN LONG enough for the Wizards to make the playoffs.

But instead of dwelling on how Washington took the "scenic route" to the postseason, let's instead celebrate that the once curse-ridden Boulez have accomplished their goal.

For the first time since the '80s, Washington is in the playoffs for a second straight year. It's almost enough to wash away memories of John "Hot Plate" Williams, LaBradford Smith and Don MacLean.

No wonder Abe Pollin ordered all those nifty new "Playoffs: One Team, One Goal" T-shirts.

OK, here's the reality check.

Not only should the Wizards have clinched a postseason berth at least two weeks ago, making the

The once curse-ridden Boulez have accomplished their goal.

playoffs shouldn't have been the team's spoken goal. Let's not forget that the team beat the Bulls in the first round of the playoffs last year before being swept by the Heat. The only real difference between this season and last is that Caron Butler is playing in Larry Hughes' spot.

Losing a first-round series this playoffs would be a backward step in the grand scheme of the franchise. A second straight appearance in the second round would at least be holding serve.

Perhaps the Wizards aren't focused on the conference finals yet because they're at least a couple players away from that level.

At least we know when Washington is a championship-level team, there will be new shirts to buy.

Matt Swenson, is Express' sports editor. His e-mail is matt.swenson@readexpress.com.

American Men Run Strong in Boston

5 U.S. racers finish in top 10 while Kenyans again sweep marathon

RUNNING | The Kenyan national anthem got its annual airplay in the Back Bay on Monday after another Boston Marathon sweep. It was the Americans, though, who were boasting of a breakthrough.

Men's winner Robert Cheruiyot finished in 2 hours, 7 minutes, 14 seconds to nip the course record by a single second, and Rita Jeptoo won the women's race for Kenya's fourth sweep since 2000. With five American men in the top 10



Kenya's Rita Jeptoo, left, and Robert Cheruiyot, right, win the Boston Marathon.

— including Nos. 3, 4 and 5 — the United States had its best finish since the addition of prize money in 1986 helped bring back the top international fields.

"It's exciting to see a lot of American guys run well," said Olympic silver medalist Meb Keflezighi, who was third behind Cheruiyot and Kenya's Benjamin Maiyo.

The last American to win in Boston was Lisa Larsen-Weidenbach in 1985; no American man has won since Greg Meyer in 1983, and 12 times since then there have been no Americans in the top 10. "We've seen this coming for a while. We've seen this building," said Alan Culpepper, who finished fifth behind Brian Sell. "I think it is a new day, for sure." JIMMY GOLEN (AP)



Feeling Really Down?



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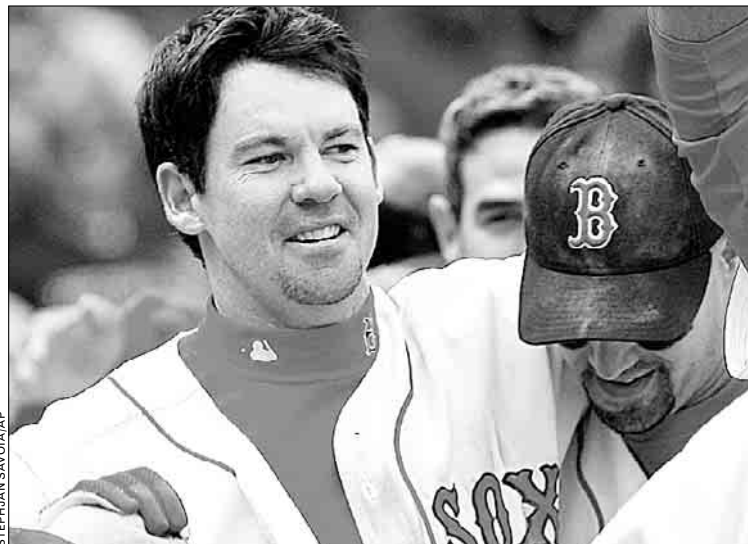
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Sports



Boston Red Sox second baseman Mark Loretta is congratulated by teammates after hitting a two-run, game-winning homer against the Seattle Mariners Monday.

Loretta Is Hero for a Day in Boston Victory

BASEBALL | Mark Loretta wanted to feel the whole celebration, even the fun-filled pounding that comes from teammates at the plate after a game-ending home run.

Loretta hit a two-out, two-run homer in the bottom of the ninth inning and the Boston Red Sox, saved by Kevin Youkilis' hustle, rallied past the Seattle Mariners 7-6 Monday in the annual Patriots Day game.

As he rounded the bases after his first game-ending homer, Loretta thought about taking off his batting helmet to lessen the number of players that would jump on him. He decided against it.

"I've never experienced it before at any level — Little League, high school or college level," he said. "Just complete euphoria. You kind of have to take a step back and think 'is the game really over?'"

Mariners reliever Eddie Guardado struck out the first two batters in the ninth.

Youkilis then hit a grounder up the middle and second baseman Jose Lopez made a diving stop, but his throw to first was a shade late.

Youkilis raised his arms after beating the play for an infield single, and Loretta followed with his first home run for the Red Sox. (AP)

MLB

AMERICAN LEAGUE

EAST	W	L	PCT.	GB	HOME	ROAD
Boston	8	4	.667	—	3-3	5-1
Baltimore	7	6	.538	1.5	4-5	3-1
Tampa Bay	7	6	.538	1.5	4-3	3-3
N.Y. Yankees	6	6	.500	2	3-0	3-6
Toronto	6	6	.500	2	3-3	3-3
CENTRAL	W	L	PCT.	GB	HOME	ROAD
Chicago Sox	7	5	.583	—	3-3	4-2
Cleveland	7	5	.583	—	4-2	3-3
Detroit	7	5	.583	—	2-4	5-1
Minnesota	6	6	.500	1	5-1	1-5
Kansas City	2	9	.182	4.5	2-3	0-6
WEST	W	L	PCT.	GB	HOME	ROAD
L.A. Angels	6	6	.500	—	4-2	2-4
Oakland	6	7	.462	.5	3-3	3-4
Seattle	6	7	.462	.5	3-4	3-3
Texas	5	8	.385	1.5	2-5	3-3

NATIONAL LEAGUE

EAST	W	L	PCT.	GB	HOME	ROAD
N.Y. Mets	9	2	.818	—	6-2	3-0
Atlanta	6	7	.462	4	3-3	3-4
Philadelphia	5	7	.417	4.5	1-5	4-2
Washington	4	9	.308	6	0-3	4-6
Florida	3	8	.273	6	2-4	1-4
CENTRAL	W	L	PCT.	GB	HOME	ROAD
Houston	8	4	.667	—	5-2	3-2
Chi. Cubs	7	4	.636	.5	4-2	3-2
Cincinnati	7	5	.583	1	4-2	3-3
Milwaukee	6	7	.462	2	2-4	2-4
St. Louis	7	5	.583	1	4-2	3-3
Pittsburgh	4	10	.286	5	3-4	1-6
WEST	W	L	PCT.	GB	HOME	ROAD
San Fran.	7	4	.636	—	4-2	3-2
Colorado	7	5	.583	.5	2-4	5-1
L.A. Dodgers	6	7	.462	2	2-4	4-3
Arizona	5	7	.417	2.5	2-4	3-3
San Diego	4	7	.364	3	1-4	3-3

Standings through April 16's games

Sports

Gay Declares for Upcoming Draft

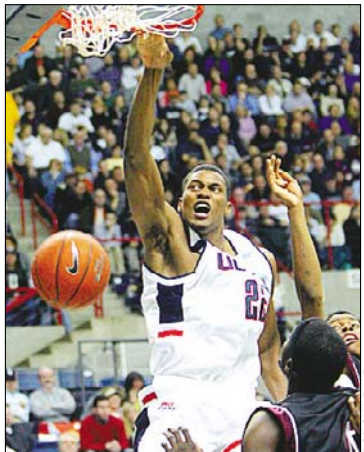
Md. prep star projects as a lottery pick after leaving UConn early

NBA DRAFT | Connecticut forward Rudy Gay said Monday he will forgo his final two years of eligibility and enter the NBA draft.

The 6-foot-9 Gay averaged a team-best 15.2 points a game this past season, and is projected to be a lottery pick. He also averaged 6.4 rebounds and had a team-high 56 steals for the Huskies (30-4).

"It was a tough decision. It took a lot of time, a lot of thought," Gay said. "When you sign on the dotted line to go to college, you plan on being there four years. When I came to UConn I didn't think about any time period or any time when I should leave."

Coach Jim Calhoun said in his conversations with NBA executives and scouts, Gay is projected to be taken in the top six of the June 28 draft. "This is the time for a tremendously talented guy to take advan-



Rudy Gay never quite lived up to the huge expectations at Connecticut.

tage of a tremendous opportunity," Calhoun said. "I see nothing but greatness ahead for him."

A prep star out of Archbishop Spalding in Severn, Md., Gay appeared in 64 games for UConn and finished averaging 13.6 points a game. A consensus All-American as a sophomore, he was one of four finalists for the Naismith player of the year. **DONNA TOMMELLEO (AP)**

Lalas Becomes Galaxy President

SOCCER | Alexi Lalas, one of the most colorful personalities in American soccer, has rejoined the Los Angeles Galaxy as president and general manager.

The 35-year-old Lalas replaces the late Doug Hamilton, who died of a heart attack March 9. Lalas left a similar position with the New York Red Bulls.

"I'm filling some incredibly big

shoes of a gentleman who was not only a friend, but a legend in terms of this job," Lalas said Monday on a conference call.



Lalas

The free-spirited Lalas, whose long red hair, goatee and guitar-strumming made him one of the most recognizable athletes in America, played three of his seven MLS seasons for the Galaxy. **(AP)**

TODAY'S TV LINEUP

NBA (7 P.M. ON NEWSCHANNEL 8) Now that they're in the playoffs, the Wizards look for the No. 5 seed when facing the Milwaukee Bucks.

HOCKEY (7:30 P.M. ON CSN) The Washington Capitals season comes to a close against the Tampa Bay Lightning.

BASEBALL (7 P.M. ON MASN) Tony Armas

pitches against Cory Lidle when the Nats visit the Philadelphia Phillies.

BASEBALL (7 P.M. ON WB54) Ex-Oriole Jason Johnson takes the mound for the Cleveland Indians against Baltimore.

MORE HOCKEY (7 P.M. ON OLN) The Buffalo Sabres face the Carolina Hurricanes in a potential playoff preview.

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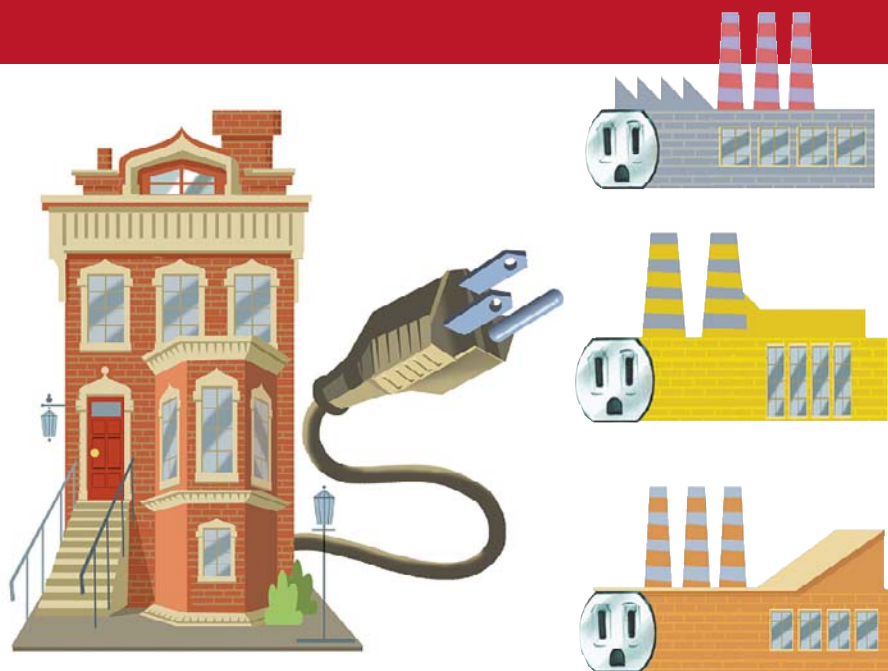
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Sports



A ROARING START: Chris Shelton hit his major league-leading ninth home run for the Detroit Tigers on Monday, but the solo shot was hardly enough for the hometown team in its 10-2 loss to the Cleveland Indians.

A Day Off In a Lifetime of Baseball

50 years later, Frank Robinson recalls start of his legendary career

NATIONALS | Frank Robinson hit 586 home runs, won MVP awards in both leagues, made the Hall of Fame in his first year of eligibility, became baseball's first black manager, was chosen AL manager of the year and worked as an executive for Major League Baseball.

And after 50 years, he's not done yet.

Robinson played in his first big league game on April 17, 1956, when he had two hits for the Cincinnati Reds against the St. Louis Cardinals. Now the manager of the Washington Nationals, Robinson observed the anniversary Monday during a day off — ironic for someone who has kept so busy the past half century.

He said his first game doesn't seem that long ago.

"If it seemed like 50 years, I don't know if I would be here, because that is a long time for anything," he



Frank Robinson, right, will likely win his 1,000 game as a manager in the next week.

The Neverending Game

→ Begin with the box score, which, if box scores are like artworks, is the Sistine Chapel. If it stirs something in you, if it leaves you wanting more, it is not unlike any great work of art. This, then, is the rest of the story — the story of The Longest Game in History | **Today's Sports**

IN The Washington Post

said. "Fifty years ago we were almost riding covered wagons."

Robinson, who will likely manage his 1,000th victory in the next week or so, has managed or played in more than 4,500 games, so they tend to blur together. But when it comes to his big league debut at age 20, Robinson still remem-

bers his first at-bat. "Second pitch, line drive off the center-field fence, missed being a home run by a couple of feet. Double," Robinson said.

Fans in Cincinnati still bemoan the 1965 trade that sent Robinson to Baltimore. For Robinson, the memory of learning about that blockbuster deal is as vivid as his major league debut.

"Dec. 9 at 5:45 p.m. — I was getting ready to go bowling and have a nice steak dinner," Robinson said. "They messed it up. I had my worst bowling night."

The trade turned out to be a steal for the Orioles and good for Robinson. He won the Triple Crown and MVP award in 1966 and led them to the World Series four times.

Jose Cardenal, now an adviser for the Nationals, played against Robinson in the American League and remembers him as a dominating and intimidating. "He's a legend," Cardenal said. "I was always amazed at how far he used to hit the ball. ... And he was a tough hom- bre." STEVEN WINE (AP)

In Brief

OBITUARY

'First Lady of Racing' Dies

Louise Smith, the first woman inducted into the International Motorsports Hall of Fame in 1999, has died. She was 89. Smith, remembered as "the first lady of racing," was on the NASCAR circuit from 1945-56. Known for her fearless style, she won 38 modified events. (AP)



Smith

FOOTBALL

Titans Deny Wrongdoing in Case Brought by McNair

The Tennessee Titans deny they breached their contract with Steve McNair by not allowing the star quarterback to work out on their property, a union spokesman said Monday. The Titans defended themselves in a response to a grievance filed on McNair's behalf by the NFL Players Association on April 7. (AP)

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Entertainment

Storming the States

U.K. glam-poppers Placebo stage a new British invasion

CONTINENTAL DIVIDE | British alternative act Placebo's fifth studio album, "Meds," has already topped Billboard's European charts. Now the band is keen to make it here, where it has never sold more than 100,000 copies of an album.

"Meds" displays a more straightforward rock sound than the act's last release, 2003's "Sleeping With Ghosts," which indulged in heavy electronic experimentation.

"We had become conscious for some time that the unfashionable racket we made in 1996 was gradually becoming part of the language of alternative rock, which pushed us to walk against the wave and embrace electronics," frontman Brian Molko said. "We simply couldn't take this any further, so under the expert direction of our producer, Dimitri Tikovoi, we decided to make an album that was as analog as possible."

"Meds" is "a return to the guitar-driven sound of our first album," Molko said, "but with the added value of 10 years' experience in the studio. 'Meds' is the sound of three guys in a room hitting things hard and falling in love with loud, distorted guitars again."

Molko, bassist/keyboardist



DIAMONDS AND DEBAUCHERY: Known for decadent throwback glitter-rock, Placebo rocks in a modern style on "Meds."

Stefan Olsdal and drummer Steve Hewitt wrote the album's 13 songs in the south of France during the summer of 2004 and recorded it over four months in 2005. It was mixed by Flood, of U2 and Smashing Pumpkins fame.

"Meds" also features a collaboration with R.E.M.'s Michael Stipe on the track "Broken Promise"; Alison (aka VV) from the Kills sings with Molko on the title track.

A world tour started in February at the Bangkok 100 Rock Festival in Thailand and will include performances throughout the summer at some of Europe's largest festivals.

In the United States, Astralwerks is committed to a long-term campaign for the record. The New York-based label's general manager Errol Kolosine says the initial task will be to play to the band's fan base.

"They have an extremely passion-

ate fan base in this country," he said. "We'll reach for the fans first, and because we have a terrific record, it has the potential to go as far as reaching the rock audience."

"We don't have to rely on success in the U.S. [as] we have a successful career in pretty much the rest of the world," said Weston. "That said, if things start moving in America, we will be right there to follow it up."

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Today's Top Stops

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Entertainment

Marriage Cubed

'Big Love' actresses talk about making the tough themes work

RELATABLE | There was something about playing the three wives on "Big Love," HBO's polygamy drama, that made three fine actresses answer: "I do," "I do," "I do."

"I was really shocked at myself for signing on without knowing where it was gonna go, or much of anything else," said Chloe Sevigny, who co-stars with Jeanne Tripplehorn and Ginnifer Goodwin in this unconventionally devout series.

"But after reading the pilot, I was so moved by it," she continued. "And I was fascinated by my character" — Nicki, the sulky middle wife of Salt Lake City merchant and father of seven Bill Henrickson, played by Bill Paxton.

"I'd really been wanting to do a television series," said Tripplehorn. "But I don't like legal dramas. I don't like medical dramas. I was looking for a comedy."

Before accepting the part of Barb — Henrickson's wife of 17 years and the matriarchal focus for the whole family — she initially wavered, but she trusted the script: "The family situation



THREE TIMES A LADY: Ginnifer Goodwin, Jeanne Tripplehorn and Chloe Sevigny play the wives of "Big Love" hero and everyman Bill Henrickson (Bill Paxton).

was handled with such dignity and intelligence and class."

"Polygamy is just the backdrop," explained Goodwin, who plays the excitable, childish third wife, Margene. "I think it's funny how there are a thousand shows out there, and a thousand movies, that are glorifying [extramarital] affairs, while this man is being completely honest with his wives," said Goodwin.

"We're all married to each other," Tripplehorn said. "But I did have a problem in the very beginning with Barb, with bringing dimension to her, because she is so generous in spirit. As we went

along, I found subtleties."

"Margene is 23 going on, like, 10," Goodwin said. "She has a way of creating utter chaos, and still finds a way of making none of it her fault."

The show was in production from last April through September, "and by the end," said Sevigny, "I was so sick of being a bitch! I thought, 'Audiences are gonna hate this character.'" True, Nicki is a snoop, a shopaholic and often a sourpuss. "But I think she is a very sympathetic character," Sevigny said. "I fell SO in love with her! It's the greatest part I've ever had."

FRAZIER MOORE (AP)

The Sonnenfeld Curse

The comedy director makes a tentative return after four years

CONFIDENCE | Barry Sonnenfeld has his first movie in four years with "RV," but isn't betting his career on it. Sonnenfeld is optimistic about the film, which comes out April 28. But after seeing several of his films ravaged by critics, he offers a measured assessment of it.

"It's not like I love 'RV,'" he told the Los Angeles Times. "But it's one



Barry Sonnenfeld is mildly optimistic about the film "RV" and an ABC series.

of my kids."

The director didn't work for several years after 2002's "Men in Black

II," but the extra time with his family helped inspire his work on "RV," in which his daughter, Chloe, has a role.

The director is also working on a comedy for ABC television. "Notes From the Underbelly" is a pilot about pregnancy, parenting and relationships based on the novel by Risa Green.

"I had this fear I was never going to direct a movie again," Sonnenfeld said. "So I thought I better find a TV show and hope it's a home run and it's my dowry." (AP)



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AMC HOFFMANN CENTER 22

Eisenhower Ave and Telegraph Road in Alexandria
703-998-4AMC

PREACHING TO THE CHOIR (PG13) ✓ 1:20, 4:05, 7:05, 9:50
SCARY MOVIE 4 (PG13) ✓ 1:15, 1:45, 2:45, 3:15, 3:45, 4:15, 5:15, 5:45, 6:15, 6:45, 7:45, 8:15, 8:45, 9:15, 10:15
SCARY MOVIE 4 (PG13) ✓ 2:45, 5:15, 7:45, 10:15
THE WILD (G) ✓ 2:25, 5:05, 7:20, 9:35
THE BENCHWARMERS (PG13) 1:55, 2:40, 4:05, 5:25, 6:30, 7:50, 9:10, 10:10
LUCKY NUMBER SLEVIN (R) 2:30, 5:40, 8:25
PHAT GIRLZ (PG13) 3:10, 4:50, 5:35, 7:15, 8:05, 10:30
TAKE THE LEAD (PG13) 2:00, 4:45, 7:40, 10:35
ATL (PG13) 1:30, 2:45, 4:10, 5:20, 7:10, 8:10, 9:45
ICE AGE: THE MELTDOWN (PG) 1:00, 1:40, 2:30, 3:30, 4:15, 5:00, 6:00, 7:00, 8:30, 9:20
INSIDE MAN (R) 1:05, 4:00, 6:50, 7:30, 9:45, 10:25
STAY ALIVE (PG13) 8:20, 10:30
SHE'S THE MAN (PG13) 1:00, 3:30, 5:55
THANK YOU FOR SMOKING (R) 2:05, 4:30, 7:00, 9:30
V FOR VENDETTA (R) 1:05, 4:05, 7:05, 10:05
FAILURE TO LAUNCH (PG13) 2:25, 10:00

AMC SPRINGFIELD MALL 10

Loisdale and Franconia Road
703-971-3991

SCARY MOVIE 4 (PG13) 2:00, 4:40, 6:45, 8:50
THE WILD (G) 1:45, 4:15, 8:10
THE BENCHWARMERS (PG13) 5:20, 8:45
LUCKY NUMBER SLEVIN (R) 5:00, 8:30
PHAT GIRLZ (PG13) 4:50, 8:00
TAKE THE LEAD (PG13) 1:30, 4:50, 8:30
ATL (PG13) 4:40, 7:45
ICE AGE: THE MELTDOWN (PG) 2:15, 4:30, 7:50
INSIDE MAN (R) 4:30, 7:30
STAY ALIVE (PG13) 5:10, 8:15

AMC MAZZA GALLERIE

Jenifer and Wisconsin
202-537-9553

SCARY MOVIE 4 (PG13) ✓ 2:30, 3:15, 4:40, 5:25, 7:05, 7:50, 9:15, 10:00
LUCKY NUMBER SLEVIN (R) 2:00, 4:50, 7:20, 9:50
PHAT GIRLZ (PG13) 2:10, 5:10, 7:40, 10:00
ICE AGE: THE MELTDOWN (PG) 2:15, 3:00, 4:30, 5:15, 7:30, 9:45
INSIDE MAN (R) 2:00, 5:00, 7:00, 8:00, 9:55
INSIDE MAN (R) 2:00, 5:00, 8:00

LOEWS GEORGETOWN 14

3111 K Street, N.W.
202-342-6441 821

SCARY MOVIE 4 (PG13) ✓ 12:10, 2:25, 4:40, 7:00, 9:20
SCARY MOVIE 4 (PG13) ✓ 11:00, 1:10, 3:25, 5:40, 8:00, 10:20
THE BENCHWARMERS (PG13) 12:15, 2:30, 4:45, 7:10, 9:30
THE BENCHWARMERS (PG13) 12:15, 2:30, 4:45, 7:10, 9:30
LUCKY NUMBER SLEVIN (R) 1:30, 4:15, 7:00, 9:45
PHAT GIRLZ (PG13) 12:00, 2:15, 4:50, 7:25, 9:50
TAKE THE LEAD (PG13) 1:40, 4:30, 7:15, 10:05
ATL (PG13) 2:35, 7:50
BASIC INSTINCT 2 (R) 12:05, 5:05, 10:30
ICE AGE: THE MELTDOWN (PG) 12:40, 3:00, 5:20, 7:40, 10:10
INSIDE MAN (R) 1:20, 2:05, 4:25, 5:10, 7:30, 8:15, 10:40
THANK YOU FOR SMOKING (R) 12:25, 1:50, 2:50, 4:15, 5:15, 6:45, 7:45, 9:15, 10:15
V FOR VENDETTA (R) 12:50, 3:50, 6:50, 10:00
FAILURE TO LAUNCH (PG13) 12:00, 2:20, 4:55, 7:20, 9:55

LOEWS WISCONSIN AVE. 6

4000 Wisconsin Avenue, N.W.
202-244-0882 714

THE WILD (G) 1:50, 4:20, 6:50
THE BENCHWARMERS (PG13) 2:15, 4:35, 7:15
TAKE THE LEAD (PG13) 1:25, 4:00, 6:55
ATL (PG13) 4:25
BASIC INSTINCT 2 (R) 1:55, 7:00
V FOR VENDETTA (R) 2:00, 4:45, 7:30
FAILURE TO LAUNCH (PG13) 2:05, 4:30, 7:05

LOEWS WHITE FLINT 5

North Bethesda
310-423-1014 741

SCARY MOVIE 4 (PG13) 2:20, 4:45, 7:30
LUCKY NUMBER SLEVIN (R) 2:05, 4:35, 7:00
TAKE THE LEAD (PG13) 2:10, 5:00, 7:40
ICE AGE: THE MELTDOWN (PG) 2:15, 4:30, 7:10
INSIDE MAN (R) 2:00, 4:50, 7:45

AMC POTOMAC MILLS 18

2700 Potomac Mills Circle, Ste 886
703-998-4262

PREACHING TO THE CHOIR (PG13) ✓ 1:25, 4:05, 7:05, 9:45
SCARY MOVIE 4 (PG13) ✓ 1:20, 2:00, 2:40, 3:30, 4:15, 4:55, 5:35, 6:30, 7:10, 7:50, 8:45, 9:25, 10:00
THE WILD (G) ✓ 2:25, 4:50, 7:00, 9:10
THE BENCHWARMERS (PG13) 1:00, 3:15, 5:30, 7:35, 9:50
THE BENCHWARMERS (PG13) 1:00, 3:15, 5:30, 7:35, 9:50
LUCKY NUMBER SLEVIN (R) 2:15, 4:35, 7:25, 9:50
PHAT GIRLZ (PG13) 2:20, 4:45, 7:15, 9:35
TAKE THE LEAD (PG13) 1:45, 4:25, 7:15, 10:00
ATL (PG13) 1:55, 4:20, 7:20, 9:40
ICE AGE: THE MELTDOWN (PG) 1:30, 2:05, 2:50, 4:10, 4:40, 5:25, 6:45, 7:25, 8:05, 9:00, 9:35
INSIDE MAN (R) 1:10, 4:00, 7:05, 9:55
STAY ALIVE (PG13) 1:50, 5:00, 7:10, 9:25
SHE'S THE MAN (PG13) 2:10, 4:30
THANK YOU FOR SMOKING (R) 1:05, 3:10, 5:20, 7:30, 9:40
V FOR VENDETTA (R) 7:00, 9:45
FAILURE TO LAUNCH (PG13) 2:30, 5:10, 7:20, 9:55

AMC RIVERTOWNE 12

Exit 4A I-95, 1/2 mi. on Oxon Hill Rd.
703-998-4AMC

SCARY MOVIE 4 (PG13) ✓ 5:00, 5:30, 7:40, 8:30
THE WILD (G) ✓ 4:30, 7:00
THE BENCHWARMERS (PG13) 5:50, 8:10
LUCKY NUMBER SLEVIN (R) 5:40, 8:20
PHAT GIRLZ (PG13) 4:40, 5:10, 7:30, 8:00
TAKE THE LEAD (PG13) 5:45, 8:15
ATL (PG13) 5:00, 7:40
ICE AGE: THE MELTDOWN (PG) 4:50, 5:20, 7:10
INSIDE MAN (R) 4:45, 7:30
MADEA'S FAMILY REUNION (PG13) 7:20

AMC UNION STATION 9

Located at Union Station
703-998-4AMC

PREACHING TO THE CHOIR (PG13) ✓ 2:10, 4:50, 7:50
SCARY MOVIE 4 (PG13) ✓ 2:40, 5:40, 8:00
THE WILD (G) ✓ 2:35, 5:00, 7:30
LUCKY NUMBER SLEVIN (R) 2:45, 5:15, 7:45
PHAT GIRLZ (PG13) 2:15, 5:50, 8:15
TAKE THE LEAD (PG13) 2:05, 4:45, 7:40
ATL (PG13) 2:00, 4:30, 7:25
ICE AGE: THE MELTDOWN (PG) 2:00, 4:15, 7:35
ICE AGE: THE MELTDOWN (PG) 2:00, 4:15, 7:35
INSIDE MAN (R) 2:20, 5:05, 8:10

AMC COUNTRY CLUB MALL 6

Country Club Mall on Vocke Rd near Route 68.
703-998-4AMC

SCARY MOVIE 4 (PG13) ✓ 5:50, 8:00
THE WILD (G) ✓ 5:40, 8:10
THE BENCHWARMERS (PG13) 5:40, 7:50
LUCKY NUMBER SLEVIN (R) 5:30, 8:00
ICE AGE: THE MELTDOWN (PG) 5:20, 7:50
LARRY THE CABLE GUY: HEALTH INSPECTOR (PG13) 5:50, 8:10

MAGIC JOHNSON CAPITAL CENTRE 12

800 Shopper's Way, Largo
301-324-4220 844

PREACHING TO THE CHOIR (PG13) 1:40, 4:50, 7:15, 10:05
SCARY MOVIE 4 (PG13) 1:50, 2:50, 4:30, 5:30, 7:20, 8:00, 9:45, 10:10
THE WILD (G) 1:30, 4:05, 7:00, 9:30
THE BENCHWARMERS (PG13) 2:20, 4:15, 7:05, 9:35
LUCKY NUMBER SLEVIN (R) 2:30, 5:20, 7:50, 10:20
PHAT GIRLZ (PG13) 2:05, 5:00, 7:25, 9:55
ATL (PG13) 2:00, 3:00, 4:10, 5:40, 7:10, 8:20, 9:50
ICE AGE: THE MELTDOWN (PG) 2:10, 4:40, 7:30, 10:00
INSIDE MAN (R) 1:45, 5:10, 8:10
INSIDE MAN (R) 1:45, 5:10, 8:10
STAY ALIVE (PG13) 5:50, 10:25
MADEA'S FAMILY REUNION (PG13) 3:20, 8:15

LOEWS SHIRLINGTON 7

2772 South Randolph
703-671-0910 801

ON A CLEAR DAY (PG13) 2:00, 4:40, 7:10, 9:30
MARILYN HOTCHKISS' BALLROOM DANCING & CHARM SCHOOL (PG13) 1:40, 4:10, 7:00, 9:20
DON'T COME KNOCKING (R) 1:00, 4:20, 7:20, 9:40
THANK YOU FOR SMOKING (R) 1:30, 3:30, 5:30, 7:40, 9:50
MERRY CHRISTMAS (PG13) 1:10, 7:00
TSOTSI (R) 1:20, 4:50, 7:30, 9:40
MRS. HENDERSON PRESENTS (R) 1:50, 7:10
TRANSAMERICA (R) 4:30, 9:10
CAPOTE (R) 3:40, 9:20

LOEWS DUPONT 5

1350 19th St.
202-872-9555 711

MARILYN HOTCHKISS' BALLROOM DANCING & CHARM SCHOOL (PG13) 5:30, 8:00
ASK THE DUST (R) 5:00, 7:30
WHY WE FIGHT (PG13) 5:45, 8:00
BROKEBACK MOUNTAIN (R) 4:45, 7:40
CAPOTE (R) 5:15, 7:45

AMC TYSONS CORNER 16

7850 Tysons Corner Center
703-998-4262

SCARY MOVIE 4 (PG13) ✓ 12:15, 1:00, 1:45, 2:35, 3:25, 4:15, 5:05, 6:00, 6:45, 7:30, 8:15, 9:00, 9:45, 10:30
SCARY MOVIE 4 (PG13) ✓ 12:15, 2:35, 5:05, 7:30, 9:45
THE WILD (G) ✓ 12:20, 2:40, 4:45, 7:00, 9:10
THE BENCHWARMERS (PG13) 12:35, 2:50, 5:00, 7:15, 9:35
LUCKY NUMBER SLEVIN (R) 12:10, 2:45, 5:15, 7:55, 10:25
TAKE THE LEAD (PG13) 1:20, 4:25, 7:05, 9:50
ICE AGE: THE MELTDOWN (PG) 12:00, 12:45, 1:35, 2:20, 3:15, 4:00, 4:40, 5:25, 6:15, 7:00, 7:45, 8:35, 9:15, 10:00
INSIDE MAN (R) 12:30, 1:30, 2:30, 3:30, 4:30, 5:35, 6:35, 7:40, 8:30, 9:30, 10:30
THANK YOU FOR SMOKING (R) 12:05, 2:25, 4:50, 7:10, 9:25
V FOR VENDETTA (R) 1:10, 4:20, 7:20, 10:20
FAILURE TO LAUNCH (PG13) 12:25, 2:55, 5:20, 7:50, 10:15

AMC COLUMBIA MALL 14

10300 Patuxent Parkway
410-423-0520

PREACHING TO THE CHOIR (PG13) 1:10, 4:10, 7:25, 10:00
SCARY MOVIE 4 (PG13) 12:45, 2:00, 3:10, 4:30, 5:30, 7:00, 8:00, 9:30, 10:20
THE WILD (G) 12:25, 2:50, 5:05, 7:35, 9:40
THE BENCHWARMERS (PG13) 12:05, 2:10, 4:45, 7:30, 9:50
LUCKY NUMBER SLEVIN (R) 1:50, 4:40, 7:20, 9:55
PHAT GIRLZ (PG13) 12:10, 2:40, 5:20, 7:55, 10:25
TAKE THE LEAD (PG13) 1:20, 4:25, 7:05, 9:45
ATL (PG13) 7:40, 10:15
ICE AGE: THE MELTDOWN (PG) 12:00, 1:30, 2:30, 4:15, 5:00, 7:15, 9:35
INSIDE MAN (R) 1:00, 4:05, 7:10, 10:10
INSIDE MAN (R) 1:00, 4:05, 7:10, 10:10
STAY ALIVE (PG13) 5:10
SHE'S THE MAN (PG13) 12:15, 2:45
THANK YOU FOR SMOKING (R) 12:20, 2:35, 5:15, 7:50, 10:05
V FOR VENDETTA (R) 7:10, 10:15
FAILURE TO LAUNCH (PG13) 12:30, 3:00, 5:25, 8:05, 10:30

AMC COURTHOUSE PLAZA 8

Courthouse and Birch Rd.
703-998-4AMC

THE WILD (G) ✓ 2:30, 5:15, 7:30
LUCKY NUMBER SLEVIN (R) 2:45, 5:20, 8:00
PHAT GIRLZ (PG13) 3:10, 5:35, 8:20
TAKE THE LEAD (PG13) 2:50, 5:30, 8:15
ATL (PG13) 7:40
INSIDE MAN (R) 2:00, 3:15, 5:25, 7:00, 8:30
SHE'S THE MAN (PG13) 2:15, 4:40
THE PINK PANTHER (PG) 2:10
MUNICH (R) 4:20, 8:10

LOEWS WHEATON PLAZA 11

Viers Mill Rd. Btwn. Georgia & University
901-949-9202 746

SCARY MOVIE 4 (PG13) 4:15, 7:15, 9:20
THE WILD (G) 4:40, 7:50, 9:50
THE BENCHWARMERS (PG13) 4:10, 7:30, 9:30
LUCKY NUMBER SLEVIN (R) 5:00, 7:20, 9:45
PHAT GIRLZ (PG13) 4:15, 7:20, 9:40
TAKE THE LEAD (PG13) 4:20, 7:00, 10:00
ATL (PG13) 4:30, 7:25, 9:50
ICE AGE: THE MELTDOWN (PG) 5:15, 7:40, 9:55
INSIDE MAN (R) 4:05, 7:00, 10:00
STAY ALIVE (PG13) 5:40, 8:00, 10:10
SHE'S THE MAN (PG13) 4:25, 7:10, 9:30

LOEWS FAIRFAX SQUARE 8

8065 Leesburg Pike
703-506-9857 802

REEL MOMS
SHE'S THE MAN (PG13) 11:00 AM
PREACHING TO THE CHOIR (PG13) 2:20, 4:50, 7:40, 10:10
PHAT GIRLZ (PG13) 2:00, 4:30, 7:15, 9:30
ATL (PG13) 1:50, 4:20, 7:25, 9:45
BASIC INSTINCT 2 (R) 2:10, 4:40, 7:30, 9:50
STAY ALIVE (PG13) 2:40, 5:10, 7:20, 9:20
SHE'S THE MAN (PG13) 1:30, 4:10, 7:10, 9:35
THE SHAGGY DOG (PG) 2:30, 5:00
16 BLOCKS (PG13) 7:35, 9:35
AQUAMARINE (PG) 1:40, 4:05
MEMOIRS OF A GEISHA (PG13) 7:00, 10:00

LOEWS UPTOWN 1

3426 Connecticut Avenue N.W.
202-966-5400 713

SCARY MOVIE 4 (PG13) 1:00, 3:10, 5:20, 7:30, 9:40

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Times for Tuesday, April 18, 2006

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Adv. Tix on Sale MISSION IMPOSSIBLE 3 (PG-13) ★
SCARY MOVIE 4 (PG-13) DIG ★ (1200 1245 130 230 315 400 500 540) 620 720 800 900 940 1020
OC: THE BENCHWARMERS (PG-13) DIG (235) 1010
PHAT GIRLZ (PG-13) DIG (1210 240 510) 650 750 930 1035
LUCKY NUMBER SLEVIN (R) - ID REQ'D DIG (110 425) 715 1000
BENCHWARMERS (PG-13) DIG (1215 455) 745
TAKE THE LEAD (PG-13) DIG (115 410) 740 1025
ATL (PG-13) DIG (1225 300 535) 805 1040
ICE AGE 2: THE MELTDOWN (PG) DIG (1205 1255 220 330 450) 710 925
STAY ALIVE (PG-13) DIG (1235)
INSIDE MAN (R) - ID REQ'D DIG (1220 100 320 420) 630 730 935
DON'T COME KNOCKING (R) - ID REQ'D DIG (1230 340) 725 1015
V FOR VENDETTA (R) - ID REQ'D DIG (415) 735 1030

BALLSTON COMMON STADIUM 12

Glebe Rd, Arlington 800-FANDANGO 377#

Adv. Tix on Sale MISSION IMPOSSIBLE 3 (PG-13) ★
Adv. Tix on Sale WIDESPREAD PANIC - EARTH TO AMERICA (NR) ★
Adv. Tix on Sale MISSION IMPOSSIBLE 3 (MIDNIGHT) (PG-13) ★
SCARY MOVIE 4 (PG-13) DIG ★ (115 200 230 300 330 415 445 515 545) 630 700 730 800 845 915 945 1015
BENCHWARMERS (PG-13) DIG (210 430 530) 650 920 1020
ICE AGE 2: THE MELTDOWN (PG) DIG (155 225 255 420 450 520) 645 715 745 910 940 1010
THANK YOU FOR SMOKING (R) - ID REQ'D DIG (100 400) 710 1025
V FOR VENDETTA (R) - ID REQ'D DIG (100 400) 710 1025
FAILURE TO LAUNCH (PG-13) DIG (215 455) 725 1000
OC: THE INSIDE MAN (R) - ID REQ'D DIG (235) 740

BOWIE STADIUM 14

15200 Major Lansdale Blvd 800-FANDANGO 454#

Adv. Tix on Sale MISSION IMPOSSIBLE 3 (PG-13) ★
Adv. Tix on Sale MISSION IMPOSSIBLE 3 (MIDNIGHT) (PG-13) ★
SCARY MOVIE 4 (PG-13) DIG ★ (105 205 355 455) 655 755 925 1025
THE WILD (G) DIG (150 440) 710 935
PHAT GIRLZ (PG-13) DIG (110 405) 700 940 1030
BENCHWARMERS (PG-13) DIG (140 430) 730 1000
TAKE THE LEAD (PG-13) DIG (120 420) 720 1020
ICE AGE 2: THE MELTDOWN (PG) DIG (115 215 400 500) 645 745 910
ATL (PG-13) DIG (130 415) 715 950
INSIDE MAN (R) - ID REQ'D DIG (100 410) 725 1035

BETHESDA 10

7272 Wisconsin Avenue 800-FANDANGO 569#

Adv. Tix on Sale MISSION IMPOSSIBLE 3 (PG-13) ★
THE WILD (G) DIG (1215 230 440) 730 940
SCARY MOVIE 4 (PG-13) DIG ★ (1220 1255 350 430) 705 735 925 1005
LUCKY NUMBER SLEVIN (R) - ID REQ'D DIG (1245 330) 715 955
BENCHWARMERS (PG-13) DIG (1210 220 435) 725 930
TAKE THE LEAD (PG-13) DIG (1225 310) 720 1000
ICE AGE 2: THE MELTDOWN (PG) DIG (1200 100 215 320 430) 710 740 1000
INSIDE MAN (R) - ID REQ'D DIG (1205 315) 700 950
V FOR VENDETTA (R) - ID REQ'D DIG 935
FAILURE TO LAUNCH (PG-13) DIG (1240 400) 655 945

POTOMAC YARD STADIUM 16

3575 Jefferson Davis Hwy 800-FANDANGO 690#

Adv. Tix on Sale MISSION IMPOSSIBLE 3 (PG-13) ★
Adv. Tix on Sale MISSION IMPOSSIBLE 3 (MIDNIGHT) (PG-13) ★
PREACHING TO THE CHOIR (PG-13) DIG (125 425) 715 1020
THE WILD (G) DIG (1235 250 505) 720 935
SCARY MOVIE 4 (PG-13) DIG ★ (1215 1245 115 200 230 300 330 415 445 515 545) 630 700 730 800 845 915 945 1015
PHAT GIRLZ (PG-13) DIG (1205 240 510) 735 920 1000
LUCKY NUMBER SLEVIN (R) - ID REQ'D DIG (230 510) 750 1030
BENCHWARMERS (PG-13) DIG (1200 1240 220 300 450 530) 705 745 925 1005
TAKE THE LEAD (PG-13) DIG (140 440) 740 1040
ATL (PG-13) DIG (405) 650 930
ICE AGE 2: THE MELTDOWN (PG) DIG (1210 205 235 430 500) 655 725 950
INSIDE MAN (R) - ID REQ'D DIG (110 410) 710 1010
V FOR VENDETTA (R) - ID REQ'D DIG (100)
FAILURE TO LAUNCH (PG-13) DIG (130 400) 640 910

COUNTRYSIDE STADIUM 20

45980 Regal Plaza 800-FANDANGO 394#

Adv. Tix on Sale MISSION IMPOSSIBLE 3 (PG-13) ★
Adv. Tix on Sale MISSION IMPOSSIBLE 3 (MIDNIGHT) (PG-13) ★
OC: 16 BLOCKS (PG-13) DIG (320) 635
LUCKY NUMBER SLEVIN (R) - ID REQ'D DIG (145 445) 745 1020
SCARY MOVIE 4 - DIGITAL PROJECTION (PG-13) DIG ★ (1130) 210 430 710 940
SCARY MOVIE 4 (PG-13) DIG ★ (1200 1250 130 240 310 400 500 530) 640 740 820 910 1010
THE WILD (G) DIG (1140 120 220 350 450) 630 720 850 950
PHAT GIRLZ (PG-13) DIG (1145 230 510) 800 1025
BENCHWARMERS (PG-13) DIG (1135 1220 150 250 420 520) 750 840 1010
TAKE THE LEAD (PG-13) DIG (1215 315) 645 930
ATL (PG-13) DIG 945
ICE AGE 2: THE MELTDOWN (PG) DIG (1120 1150 1230 100 140 200 300 340 410 440 540) 620 650 730 830 845 915 900
STAY ALIVE (PG-13) DIG (1245 345) 700 1000
INSIDE MAN (R) - ID REQ'D DIG (1155 245 515) 810 1030
THANK YOU FOR SMOKING (R) - ID REQ'D DIG (1240)
SHE'S THE MAN (PG-13) DIG (115 415) 715 1015
V FOR VENDETTA (R) - ID REQ'D DIG (100 330) 655 920
FAILURE TO LAUNCH (PG-13) DIG

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Adv. Tix on Sale MISSION IMPOSSIBLE 3 (PG-13) ★
THE WILD (G) DIG (1220 240 505) 730 950
SCARY MOVIE 4 (PG-13) ★ (1210 225 440) 700 925
SCARY MOVIE 4 (PG-13) DIG ★ (1230 1250 245 305 500 520) 720 755 945 1020
LUCKY NUMBER SLEVIN (R) - ID REQ'D DIG (1245 350) 715 1010
BENCHWARMERS (PG-13) DIG (1235 255 510) 735 1000
TAKE THE LEAD (PG-13) DIG (1240 345) 710 1025
ICE AGE 2: THE MELTDOWN (PG) DIG (1200 1225 220 250 450 515) 725 745 955 1015
OC: THE INSIDE MAN (R) - ID REQ'D DIG (340) 705
INSIDE MAN (R) - ID REQ'D DIG (1205) 1030
THANK YOU FOR SMOKING (R) - ID REQ'D DIG (1215 235 455) 740 1005

FAIRFAX TOWNE CENTER 10

4110 W Ox Road 800-FANDANGO 670#

Adv. Tix on Sale WIDESPREAD PANIC - EARTH TO AMERICA (NR) ★
THE WILD (G) DIG (120 325 535) 740 945
SCARY MOVIE 4 (PG-13) DIG ★ (110 145 215 330 415 445 540) 650 720 750 920 950 1020
PHAT GIRLZ (PG-13) DIG (130 400) 715 1015
BENCHWARMERS (PG-13) DIG (115 155 320 420 530) 710 745 930 1010
THANK YOU FOR SMOKING (R) - ID REQ'D DIG (150 430) 730 955
SHE'S THE MAN (PG-13) DIG (340) 725 1005
V FOR VENDETTA (R) - ID REQ'D DIG 700 1000
THE SHAGGY DOG (PG) DIG (100)
CURIOUS GEORGE (G) DIG (135 350)

GERMANTOWN STADIUM 14

20000 Century Blvd 800-FANDANGO 455#

Adv. Tix on Sale MISSION IMPOSSIBLE 3 (PG-13) ★
THE WILD (G) DIG (1200 215 430) 720 940
SCARY MOVIE 4 (PG-13) DIG ★ (1210 1250 130 220 300 400 430 510) 645 730 800 920 950 1020
THANK YOU FOR SMOKING (R) - ID REQ'D DIG (100 410) 730 1000
ICE AGE 2: THE MELTDOWN (PG) DIG (1200 115 220 350 440) 630 700 910 935
INSIDE MAN (R) - ID REQ'D DIG (115 415) 715 1015
TAKE THE LEAD (PG-13) DIG (1230 330) 715 1015
PHAT GIRLZ (PG-13) DIG (1250 340) 720 955
LUCKY NUMBER SLEVIN (R) - ID REQ'D DIG (1240 340) 745 1025
BENCHWARMERS (PG-13) DIG (1210 240 500) 740 1000
ATL (PG-13) DIG (110) 1010
V FOR VENDETTA (R) - ID REQ'D DIG (345) 710
FAILURE TO LAUNCH (PG-13) DIG (1245 400) 645 930

UA SNOWDEN SQ STADIUM 14

9161 Commerce Ctr Dr 800-FANDANGO 570#

Adv. Tix on Sale MISSION IMPOSSIBLE 3 (PG-13) ★
Adv. Tix on Sale WIDESPREAD PANIC - EARTH TO AMERICA (NR) ★
Adv. Tix on Sale MISSION IMPOSSIBLE 3 (MIDNIGHT) (PG-13) ★
PREACHING TO THE CHOIR (PG-13) DIG (1245 345) 700 1000
THE WILD (G) DIG (245 515) 730 950
SCARY MOVIE 4 (PG-13) DIG ★ (1230 100 230 300 400 500 530) 630 720 740 900 945 1015
PHAT GIRLZ (PG-13) DIG (430) 1020
LUCKY NUMBER SLEVIN (R) - ID REQ'D DIG (100 415) 715 950
BENCHWARMERS (PG-13) DIG (245) 745
TAKE THE LEAD (PG-13) DIG (115 400) 645 940
ATL (PG-13) DIG (130) 800
ICE AGE 2: THE MELTDOWN (PG) DIG (1230 115 230 300 415 500 530) 645 730 815 915 1010
INSIDE MAN (R) - ID REQ'D DIG (1245 345) 700 1000
FAILURE TO LAUNCH (PG-13) DIG (130 430) 800 1020
OC: THE BENCHWARMERS (PG-13) DIG (515) 1005

MANASSAS STADIUM 14

11380 Bulloch Drive 800-FANDANGO 490#

Adv. Tix on Sale MISSION IMPOSSIBLE 3 (PG-13) ★
THE WILD (G) DIG (1210 225 440) 720 930
SCARY MOVIE 4 (PG-13) DIG ★ (1130 1200 145 215 335 400 430) 655 730 800 910 945 1015
LUCKY NUMBER SLEVIN (R) - ID REQ'D DIG (1255 350) 705 940
BENCHWARMERS (PG-13) DIG (1140 205 420) 745 1005
TAKE THE LEAD (PG-13) DIG (1220 310) 705 955
ATL (PG-13) DIG 920
ICE AGE 2: THE MELTDOWN (PG) DIG (1120 1150 100 150 235 340 410 450) 640 710 740 935 1010
LARRY THE CABLE GUY: HEALTH INSPECTOR (PG-13) DIG (1250) 750
STAY ALIVE (PG-13) DIG (320) 1020
INSIDE MAN (R) - ID REQ'D DIG (1225 330) 650 950
THANK YOU FOR SMOKING (R) - ID REQ'D DIG (1135 200 435) 805 1025
V FOR VENDETTA (R) - ID REQ'D DIG (1240)
FAILURE TO LAUNCH (PG-13) DIG (110 345) 725 1000

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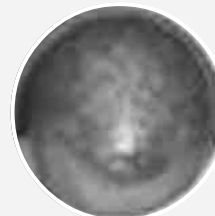


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HOUSE (9 p.m., Fox) A patient with a mys-



SBC AMERICA

terious ailment needs a new liver.

CULT CHOICE

An eccentric general (George C. Scott) battles Germans and controversy in the 1970 film **PATTON** (6 p.m., Fox Movie Channel). KEVIN MCDONOUGH (UNITED FEATURE SYNDICATE)

'Less Than Perfect' could have been better, but it tried

LAST GASP | It's a little odd when a sitcom most of us gave up for dead returns to the schedule, but that's the case with "Less Than Perfect" (9:30 p.m., ABC). For those who don't remember, "Perfect" stars Sara Rue as Claude Casey, a lowly temp at a TV news organization who became the assistant to a vain anchor (Peter Coyote) and who baffled his hapless yuppie staff with her pluck and can-do nature.

But as “Perfect” returns, Claude



OUT OF TIME: The cast was pure old-school sitcom, but 'Perfect' had charm.

There aren't a lot of laughs here, but there is plenty of room for Andy Dick (who plays the naive Owen) to improvise. And you wonder why this show was left for dead?

"Perfect" always had its heart in the right place, rooting for the hefty and good-natured against the thin and snobby. It also had the most potential for sending up the caste and class system of a work environment, but it was sunk by mediocre writing and too many sitcom clichés. And "The Office" has long since eclipsed its satire of 9-to-5 pettiness and drudgery. KEVIN MCDONOUGH (UNITED FEATURE SYNDICATE)

	4:18.06	6:00 PM	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00	11:30	
LOCAL CHANNELS	WRC	(4) News		NBC Nightly News	Access Hollywood	Celebrity Cooking Showdown (N) ⚡		Scrubs (N) ⚡	Teachers "Golf"	Law & Order: Special Victims Unit ⚡	News		Tonight Show	
	WTTG	(5) Seinfeld ⚡ ⚡	The Simpsons ⚡	The Simpsons ⚡	Seinfeld ⚡ ⚡	American Idol Seven compete. ⚡		House "Sleeping Dogs Lie" (N) ⚡		News	Geraldo at Large		Friends ⚡ ⚡	
	WJLA	(7) News	ABC Wild News	Wheel of Fortune	Jeopardy! (N)	According to Jim	Hope & Faith (N)	Hope & Faith (N)	Less Than Perfect	Boston Legal "Ivan the Incurable"	News		(35) Nightline	
	WUSA	(9) News	CBS News	9News Tonight	Ent. Tonight	NCIS "Untouchable" (iTV) (N) ⚡		The Unit "Dedication" (N) ⚡ ⚡		Criminal Minds "Broken Mirror" ⚡	News		Late Show	
	WDCA	(20) That '70s Show	That '70s Show	Friends ⚡ ⚡	Every-Raymond	America's Next Top Model ⚡ ⚡		Veronica Mars (N) ⚡ ⚡		The Tyra Banks Show (N) ⚡	Girlfriends		Girlfriends	
	WMPT	(22) The NewsHour With Jim Lehrer (N)		Business Rpt.	Outdoors Md.	Nova "Dimming Sun" (N) ⚡		Journey to Planet Earth (N) ⚡ ⚡		American Masters "Cary Grant: A Class Apart" ⚡ ⚡			Tuscan Hills	
	WETA	(26) BBC World News	Business Rpt.	The NewsHour With Jim Lehrer (N)		Nova "Dimming Sun" (N) ⚡		Journey to Planet Earth (N) ⚡ ⚡		World War II: The Complete History	World War II: The Complete History			
	WHUT	(32) World Business	Tavis Smiley ⚡	BBC World News	Moneywise	Mystery! "Foyle's War III: They Fought in the Fields"		The Social Code		BBC World News	Tavis Smiley ⚡	Charlie Rose (N) ⚡ ⚡		
WBDC	(50) Steve Harvey	The Parkers ⚡	My Wife and Kids	Bernie Mac		Gilmore Girls (N) ⚡ ⚡		Pepper Dennis (N) ⚡ ⚡		Bernie Mac	My Wife and Kids	Sex and the City	Will & Grace ⚡	
BASIC CABLE	A&E	American Justice		Cold Case Files ⚡		Copcat Crimes Movie crime. ⚡		Bounty Hunter	Bounty Hunter	King of Cars (N)	King of Cars	Crossing Jordan ⚡ ⚡		
	Animal	The Crocodile Hunter Diaries ⚡		The Most Extreme Animal fathers.		Beastly Countdown "Screamers"		The Most Extreme "Loudmouths"		Animal Precinct "Bonnie and Clyde"		Beastly Countdown "Screamers"		
	BET	106 & Park: BET's Top 10 Live			Mary J. Blige	★ ★ "Juice" (1992, Crime Drama) Omar Epps, Tupac Shakur. ⚡		Blow Out (N) ⚡		Real Kim Lock.	College Hill ⚡	Jamie Foxx	Jamie Foxx	
	Bravo	Blow Out Jonathan returns to QVC.		The West Wing ⚡ ⚡		Blow Out Jonathan returns to QVC.		Blow Out (N) ⚡		Lil Housewives of Orange County		Celebrity Cooking Showdown ⚡		
	Comedy	(5:00) ★ ★ ★ "Married to the Mob"		Reno 911! ⚡	Reno 911! ⚡	Daily Show	Colbert Report	Chappelle's Show	South Park ⚡	Jeff Dunham: Arguing With Myself		Daily Show	Colbert Report	
	Court	Forensic Files	Forensic Files	Cops ⚡ ⚡	Cops ⚡ ⚡	Cops ⚡ ⚡	Cops ⚡ ⚡	Cops ⚡ ⚡	Cops ⚡ ⚡	The Investigators Rikers Island.		RFK: A Question of Justice		
	Discovery	How It's Made (N)	How It's Made (N)	Deadliest Catch		Deadliest Catch "On the Crab" ⚡		Deadliest Catch "The Finish Line" (N)		Oil, Sweat and Rigs (N)		Dirty Jobs ⚡		
	DISCH	Paramedics "Seven Minutes" ⚡		Trauma: Life in the ER ⚡		Dr. Know (N)	Dr. Know	Critical Hour A man is hit by a car.		Transplant: The Gift of Life (N)		Dr. Know	Dr. Know	
	Disney	That's So Raven	Zack & Cody	Phil of the Future	That's So Raven	"Horse Sense" (1999, Drama) Joey Lawrence, Andrew Lawrence. ⚡				American Drgn	Even Stevens	Zack & Cody	That's So Raven	
	E!	Child Star Con.	Simple Life	E! News (N)	The Daily 10 (N)	Hugh Hefner: The E! True Hollywood Story				Girl Next Door	Girl Next Door	Saturday Night Live ⚡ ⚡		
	FX	King of the Hill ⚡	That '70s Show	That '70s Show	★ ★ "Radio" (2003)	Cuba Gooding Jr. A football coach mentors a mentally impaired young man.	Designed to Sell	Design Remix	Decorating Cents	Curb Appeal (N)	House Hunters	Buy Me (N) ⚡	(:05) Thief "No Direction Home" ⚡	
	HGTV	Renovation	Wknd Warriors	Curb Appeal	House Hunters									
	Family	7th Heaven ⚡ ⚡		7th Heaven "Peer Pressure" ⚡		★ ★ ★ "The Rookie" (2002, Drama) Dennis Quaid. A high-school baseball coach tries out for the major league. ⚡							The 700 Club ⚡	
	History	Modern Marvels: Las Vegas Las Vegas is a glittering desert oasis. ⚡				Mega Disasters: The San Francisco Earthquake ⚡					Mega Movers The Matyiko brothers.		Mega Movers "Fragile Giants" ⚡	
	Lifetime	The Golden Girls	The Golden Girls	★ ★ "A Little Thing Called Murder" (2006, Docudrama) Judy Davis. ⚡		"Killers in the House" (1998) Mario Van Peebles, Holly Robinson Peete. ⚡							Will & Grace ⚡	Will & Grace ⚡
	MTV	Yo Momma (N) ⚡	Parental Control	Direct Effect ⚡	Punk'd ⚡	Punk'd ⚡	The Real World	The Real World	The Real World	8th & Ocean (N)	My Super Sweet 16 ⚡			
	NICK	Ned's School	Danny Phantom	Fairly Oddparents	Jimmy Neutron	SpongeBob	Zoey 101 ⚡	Full House ⚡	Funniest Mom	Roseanne ⚡	Roseanne ⚡	Mad About You	The Cosby Show	
	SCI FI	Stargate SG-1 "Nemesis" ⚡ ⚡		Stephen King's Kingdom Hospital ⚡	Stephen King's Kingdom Hospital ⚡	Stephen King's Kingdom Hospital ⚡	Stephen King's Kingdom Hospital ⚡	Stephen King's Kingdom Hospital ⚡	Stephen King's Kingdom Hospital ⚡	Stephen King's Kingdom Hospital ⚡	Dune ⚡ (Part 1 of 3)		AutoRox	
	SPIKE	World's Wildest Police Videos		CSI: Crime Scene Investigation ⚡	CSI: Crime Scene Investigation ⚡	CSI: Crime Scene Investigation ⚡	Ultimate Knockouts 2 ⚡			AutoRox Auto awards show. (N)			AutoRox	
	TBS	Seinfeld ⚡ ⚡	Seinfeld ⚡ ⚡	Every-Raymond	Every-Raymond	Friends ⚡ ⚡	Friends ⚡ ⚡	Sex and the City	Sex and the City	Seinfeld ⚡ ⚡	Seinfeld ⚡ ⚡	★ "Money Train" (1995) (PA)		
TLC	Martha Kelly Monaco. (N) ⚡		Overhaulin' "SEMA" ⚡		Wrecks to Riches "The Apprentices"	Overhaulin' Retooling a 1964 Impala.			Miami Ink "Best of Kat" (N)		Wrecks to Riches "The Apprentices"			
TNT	Charmed "Long Live the Queen" ⚡		Law & Order "Married With Children"		Law & Order "A Losing Season" ⚡	Law & Order "Publish and Perish" ⚡	Law & Order "Publish and Perish" ⚡	Law & Order "Whiplash" ⚡			Cold Case "The Runner" ⚡ ⚡			
USA	Law & Order: Criminal Intent "Art" ⚡		Law & Order: Criminal Intent ⚡		Law & Order: Special Victims Unit ⚡	Law & Order: Special Victims Unit ⚡	Law & Order: Special Victims Unit ⚡	Nashville Star (N) ⚡			Law & Order: Criminal Intent "Art" ⚡			
VHI	100 Greatest One Hit Wonders ⚡		100 Greatest One Hit Wonders ⚡		100 Greatest One Hit Wonders ⚡	Love Monkey (N) ⚡ ⚡			So NoTORious ⚡	Can't Get a Date	★ "Showgirls" (1995, Drama) ⚡			
SPAN	TELEM	Sala de Parejas	Noti-Telemndo	La Tormenta		Tierra de Pasiones		Corazón Partido	Decisiones	Decisiones		Noti-Telemndo	Laura	
	UNIV	Que Locura	Noticiero Univ	Peregrina (N)		Barrera de Amor (N)		Alborada (N)		Ver Para Creer		Primer Impacto	Noticiero Univ.	
SPORTS	ESPN	SportsCenter (Live) ⚡		Bonds on Bonds	SportsCenter NFL Draft Special (Live) ⚡			Battle of the Gridiron Stars (N) ⚡		Baseball Tonight (Live) ⚡		SportsCenter (Live) ⚡		
	ESPN2	Series of Poker	Around the Horn	Interruption	NBA Coast-to-Coast (Live) ⚡			SportsCenter NFL Draft Special (N) ⚡				Quite Frankly With Stephen A. Smith		
	CSN	The Sports List	SportsNite (Live) ⚡		NHL Hockey Washington Capitals at Tampa Bay Lightning. (Live)					SportsNite (Live) ⚡		ACC All-Access	Best-Sports	
NEWS	CNN	Lou Dobbs Tonight ⚡		The Situation Room		Paula Zahn Now ⚡		Larry King Live ⚡		Anderson Cooper 360 ⚡				
	FNC	Special Report (Live) ⚡		The Fox Report With Shepard Smith		The O'Reilly Factor (Live) ⚡		Hannity & Colmes (Live) ⚡		On the Record-Van Susteren		The O'Reilly Factor		
	MSNBC	The Abrams Report		Hardball ⚡		Countdown With Keith Olbermann		Rita Cosby Live & Direct		Scarborough Country		The Situation With Tucker Carlson		
MOVIES	AMC	★ ★ ★ "The Breakfast Club" (1985, Comedy-Drama) Emilio Estevez. 'R' ⚡				★ ★ "Two Weeks Notice" (2002) Sandra Bullock, Hugh Grant. 'PG-13' ⚡				(:15) ★ ★ "Sixteen Candles" (1984, Comedy) Molly Ringwald. 'PG' ⚡				
	TCM	★ ★ ★ "Passage to Marseille" (1944) Humphrey Bogart. 'NR' ⚡				★ ★ ★ "Mr. Blandings Builds His Dream House" (1948)		(:45) ★ ★ ★ ★ "Yankee Doodle Dandy" (1942, Musical) James Cagney. 'NR' ⚡ (DVS)						
	HBO	Family Cruise	★ ★ "The Day After Tomorrow" (2004) Dennis Quaid. ⚡ 'PG-13' ⚡		Make Elizabeth	★ ★ ★ "Robots" (2005) Voices of Ewan McGregor. 'PG'		Assume-Wuhl		Big Love "Roberta's Funeral" ⚡				
	MAX	(5:30) ★ ★ "Monster-in-Law" (2005)	One Flight Stand	★ ★ ★ "Kingdom of Heaven" (2005, Historical Drama) Orlando Bloom, Eva Green. ⚡ 'R' ⚡		★ ★ ★ "The Whole Ten Yards" (2004) Bruce Willis. 'PG-13'		Independence						
	SHOW	Sky Captain	★ ★ "Paycheck" (2003, Science Fiction) Ben Affleck. iTV. ⚡ 'PG-13' ⚡		★ ★ "Soul Plane" (2004) Kevin Hart. iTV. ⚡ 'R' ⚡		Weeds (iTV) ⚡	Weeds (iTV) ⚡	HUFF "Sweet Release" (iTV) ⚡					
	TMC	(4:10) Iphigenia	(:25) ★ ★ "New Suit" (2002) Jordan Bridges. ⚡ 'R' ⚡		★ ★ "Sleepover" (2004) Alexa Vega. ⚡ 'PG' ⚡		★ "Confessions of an American Girl!" (2002) ⚡ 'R' ⚡		★ ★ ★ "Cross of Iron" (1977) 'R'					
	STARZ!	Hitchhiker's	(:45) ★ ★ ★ "The Parent Trap" (1998, Comedy) Lindsay Lohan, Dennis Quaid. ⚡ 'PG' ⚡		★ ★ "Herbie: Fully Loaded" (2005) Lindsay Lohan. 'G'		(:45) ★ ★ "Mars Attacks!" (1996) Jack Nicholson. 'PG-13'							
	ENCORE	(:05) ★ ★ ★ "Ghostbusters" (1984, Comedy) Bill Murray. ⚡ 'PG' ⚡		★ ★ "Van Helsing" (2004, Fantasy) Hugh Jackman. ⚡ 'PG-13' ⚡		(:15) ★ ★ ★ "Dawn of the Dead" (2004, Horror) Sarah Polley. 'R' ⚡								

VOLUNTEERS NEEDED For Research Studies



**Dependable healthy adults 18-50 years of age
Available to participate in an entire study
You will receive a free medical evaluation
Financial compensation provided**

Contact: Toll Free

1 - 866 - 856 - 3259

www. ARMYClinicalTrials .com



Walter Reed Army Institute of Research

SPRING ALLERGY?

**PLEASE VOLUNTEER FOR A RESEARCH
STUDY OF AN INVESTIGATIONAL
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**COMPENSATION PROVIDED
TO QUALIFIED PARTICIPANTS.**

INTERESTED?

**PLEASE CALL: Shelby at 301 962 1609
FREE PARKING AND METRO ACCESSIBLE**



THE INSTITUTE FOR ASTHMA AND ALLERGY, P.C. | WHEATON, MARYLAND
Martha White, MD, Michael Kaliner, MD, Athena Economides, MD, Henry Li, MD, PhD and Mark Scarupa, MD

Depressed Again?

*If you have been depressed before
and are now*

Depressed Again...



**You may be eligible to participate in a research
study. You must be between the ages of 18 and 65
and suffer from recurrent depression. Participants will
receive investigational study-related medical care and lab work.**

To learn more about this study, please call

**CAPITAL CLINICAL RESEARCH ASSOCIATES
301-770-7375**



Can't Stop Drinking?



ALCOHOL WITHDRAWAL CAUSING SHAKES & ANXIETY?

The National Institute on Alcohol Abuse and Alcoholism is studying the use of the medication Acamprosate for alcohol withdrawal. The study includes alcohol detox and a four-week inpatient alcohol treatment program at the NIH hospital in Bethesda, MD. For more information call:

(301) 496-1993

Deaf or hard of hearing? Call the Federal Relay Service at 1-800-877-8339

Volunteer for Malaria Vaccine Trials

Be Part of the Prevention



Volunteers must:

- Be dependable, healthy men and women (not pregnant), aged 18-50 years.
- Have no previous exposure to malaria or previous involvement in any other malaria vaccine trial.
- Be available to participate in the entire study (up to one year).

Financial compensation provided.

Contact:

Walter Reed Army Institute of Research, Department of Immunology
503 Robert Grant Avenue, Silver Spring, MD 20910
301.319.9331 or 301.319.3121



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**For more information, call us at 301.405.4188
or email QuitSmoking2006@yahoo.com**

This study is sponsored by the National Institutes of Health

Alcohol Problems?

- ☒ **Between the ages of 21 and 65?**
- ☒ **Attention Deficit Disorder (ADD)?**
- ☒ **Want to quit drinking?**

The National Institute on Alcohol Abuse and Alcoholism, one of the National Institutes of Health, needs persons with ADD who are also seeking treatment for alcohol problems. Participants will receive treatment (without charge) as part of a research study.

**If you think you may qualify,
call 301-451-0689.**



NIAAA



RESEARCH STUDY FOR KIDS \$\$\$

- Do you have a child between the ages of 10-12? If yes, you and your child can participate in a University of Maryland study on adolescent risk taking.
 - You and your child will attend a 1 hour session at the College Park campus where you'll both fill out a few questionnaires and complete a non-violent computer game.
 - Your child will receive prizes valued up to \$25 and you will receive \$25 in cash (opportunity to earn more).
- Call us at 301-405-8899.**

This study is sponsored by the National Institute on Drug Abuse

STOP SMOKING

Use Hypnosis
Roberta Haber, PhD, CCH
Board Certified Clinical Hypnotherapist
Washington DC 202-297-4430

Can exercise improve well-being for cancer survivors?

Participants needed for National Institutes of Health study

Why is the study being done?

To determine whether Tai Chi or indoor stationary cycling best helps cancer survivors improve fitness and well-being.

Who can join?

Cancer survivors between 18 and 60 years of age who completed treatment at least 2 years ago.

For more information call 1-800-411-1222.

National Center for Complementary and Alternative Medicine
National Institutes of Health
Department of Health and Human Services



Drink Alcohol?

☒ **Drink daily or almost daily?**

☒ **Are between the ages of 21 and 45?**

You may be eligible to participate in a research study using Rimobabant at the National Institute on Alcohol Abuse and Alcoholism, one of the National Institutes of Health. If you qualify, you'll be compensated for your participation, which will include one overnight stay in the Clinical Center on the NIH campus in Bethesda, Maryland. For more information, call 301-496-7500. All calls are confidential.



NIAAA



Sleepless in DC, MD or VA?

If you are 18 or older, and have had TROUBLE STAYING ASLEEP for one month or more, you may be eligible for an insomnia research study at no cost to you.

CALL:

CAPITAL CLINICAL RESEARCH ASSOCIATES
301-770-7375



RESEARCH OPPORTUNITIES FOR COCAINE USERS

If you currently use cocaine and are interested in participating in an inpatient drug research study sponsored by the National Institutes of Health, and are:

Between 18-45 Years of Age

Call 1-866-750-2165 for more information

And to schedule a confidential screening interview to see if you qualify.

Studies will be conducted in the Clinical Pharmacology Unit of a federal medical research facility in Bethesda, Maryland

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Medicine of the Foot/Ankle
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"Cars" can put you in the right wheels.

Wednesdays.

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ANXIOUS?

Do you feel embarrassed in social situations?

Do you avoid being the center of attention?

DuPont Clinical Research in Rockville, Maryland is seeking people who have

Social Anxiety Disorder (Social Phobia)

to participate in a clinical trial of an investigational medicine. Compensation for time and travel up to \$500.

CALL OR E-MAIL TODAY

301-231-9011

dupontclinicalresearch.com

Healthy Adult VOLUNTEERS NEEDED



HIV is a global epidemic. Currently, 42 million people worldwide are living with HIV/AIDS, a disease that has no cure. In 2003, 5 million people were newly infected with HIV, equaling about 14,000 infections each day. Approximately 11 of every 1000 adults aged 15 to 49 worldwide, are HIV infected.

The world is in desperate need of a vaccine for the prevention of HIV infection.

Will you help?

Walter Reed Army Institute of Research and the Henry Jackson Foundation for the Advancement of Military Medicine are currently enrolling volunteers to participate in a study to evaluate the safety of a new investigational HIV vaccine.

If you are a healthy US citizen between the ages of 18-49, are not currently in the US military and are available for 12 months, you may be qualified to participate in a study evaluating this vaccine.

This experimental vaccine does not cause HIV infection.

301-251-8351

Ask for Keisha or KaTrina

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Copy Deadline

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5 days prior to publication

To advertise in Health Services
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202-334-5759

Anne Jones

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FAX — 202-334-6724

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ENVIRONMENTAL ACTION \$350-\$550/Week

- Stop air & water pollution
- Gain campaign exper.
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Call Erin 202-797-9655

Admin

Receptionist: Duties include answering phones, greeting visitors & gen office duties. Cand. must have a prof appearance and comm skills, basic computer & data entry skills. Min of 2 yrs related exp req.

Admin Asst/Office Manager: Must have solid admin work exp, comm & problem solving skills. Resp for overseeing all office functions inc supervision of receptionist. This is a hands on position ideally suited for someone with solid admin asst skills who wants to grow into an office mgr pos. Min of 3 yrs related exp req.

Background check req. Please send cover letter & salary req to: HR Dept/1600 K St, NW/Suite 450/Washington, DC 20006

Administrative Assistant

FT M-F, w/benefits. Salary mid to upper 20's. Must know Ms Office, 60 wpm. Testing req'd (background check). Type proof & edit documents. Fax & filing req'd; answering phones; opening of mail; greeting of members & visitors; scheduling & maintaining calendars; customer svc attitude a must. Alex, VA
Fax 703-519-3849 or
email bbirch@eangus.org.

Administrative Assistant-FT

MS Office, database & financial exper. helpful. Health insur. provided. Send resume: philip.bush@groveton.org

Administrative Assistant

Alexandria based trade association seeks Receptionist/Admin Asst. Candidate must learn quickly. Multi task, have 1-2 yrs office exper, Excellent oral communication, Customer relations, & Computer skills. Responsibilities include answering phones & providing general admin support to all depts. & CEO. Competitive salary & **Excellent benefits pkg.** Fax cover letter, resume, & salary req. to 703-519-0026, Attn. HR dept.

Advertising

\$\$\$

ADVERTISING ENTRY LEVEL

Natl. marketing firm has F/T entry-level openings. We have Mgmt. opportunities avail. Help execute promo campaigns for Sports Teams, Natl. Rest. Chains & Hotels. Learn Sales to Mgmt. PD TRAINING! 38K to 42K 1st yr. Call Sarah @ 703.288.3123.
www.crcadvertising.com

AUTO SALES

DARCARS

DARCARS, one of the regions fastest growing auto groups, is currently seeking motivated, customer friendly individuals eager to begin a lucrative career! **Experience is not necessary - we offer one of the industries best training programs!** Joining us entitles you to:

- Health Insurance & 401K
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Apply in person, at DARCARS of Silver Spring - 12214 Cherry Hill Road, Silver Spring, MD 20904 (at the corner of Rt. 29 and Cherry Hill Road). Contact Shannon Ryan at 301-622-0020 or sryan@darcars.com for more info.

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AUTO DAMAGE FIELD APPRAISER

Subcontracted position.
NoVA/Rockville, MD area. Exp req'd. Call 800-400-3780

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AUTO TECHS

Tired of splitting your hours?

B & C techs, feel you are not getting the training you need? A Well established family owned, 5 star customer oriented dealership is looking for you.

- Air-Conditioned Shop
- Factory training
- Excellent pay plan
- 401K & Profit Sharing

Call Mike Catron for interview at 301-424-1700

**Courtesy Chrysler Jeep,
Rockville Md.**

JOBS

Automotive Mechanic Tour Mobile Sight Seeing

Seeks an experienced F/T MECHANIC w/ min. of 5 years of experience in repair of light to medium duty vehicles. CDL license desirable. Must be available for flexible shifts, including weekend/holidays. Benefits & free parking. Apply in person 1000 Ohio Dr, SW Washington, DC or CALL 202-488-5203 for further information.
EOE/M/F/D/V

Automotive — Roverland 4x4

Hiring exp auto Techs & Svc Writer. Great pay & Benes. Located in Alex 703-751-0069.

BEAUTY

Nail Tech w/clientele for new spa. Eng/Span biling. Fax resume: 301-864-5448, att: Tammie; or call: 301-604-2478.

JOBS

Cardiovascular Nurse Practitioner/ Physician Asst.

Needed for private practice in DC. Call 202-269-0299

CHILDCARE

TEACHER & ASST TEACHER

Takoma Park area. Exper. req'd CALL 301-589-0613 or FAX 301-270-8359

CLEANING

Co. needs House cleaners w/exper and refs. Must have worked for a maid service business.
M-F 8-4:30pm. 202-543-0087.

CONSTRUCTION - Equipment Operator, Superintendent, Foreman & Laborers—Needed for long-term projects in Sterling, VA. For English call 703-998-6510 or for Spanish call 703-296-8172.

CUSTOMER SERVICE/CLERK

Environmentally safe drycleaners. Need Friendly, dependable, F/T or P/T. Co benes. Alex area.
Call 703-998-6464

CUSTOMER SERVICE—FT/PT, for busy natural health care center. Mon-Sat, some positions until 7pm. Great benefits, great teamwork, hourly pay. Must apply in person: 4609-D Pinecrest Office Park Dr., Alexandria, VA 22312. 703-354-7336. Several positions available - act now!

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Great pay, free uniforms, convenient location & much more! Apply in person: 1000 Ohio Dr, S.W., Washington, DC (at Hains Point in East Potomac Park, opposite the golf course) or Call 202-488-5203. EOE/M/F/D/V

DANCERS—Wanted for Gentleman's Club (PG County). \$300-\$500/night. No exp. needed.
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703-281-6618

DELIVERY ASSOCIATE

Metro DC 202-659-4852.

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F/T gen'l practice. Downtown, nr Metro. Exper. req'd. Please fax resume w/salary requirements to: 202-496-9484

DISPATCHER/OPERATIONS

When was the last time you enjoyed your work? Progressive. Stable. Growth. Arlington company in search of positive, sharp teammate, able to work independently. Excellent salary & benefits. Fax 703-525-1637 Michael or email: employment@fedlock.com

DRIVER—earn \$600-800/week FT, \$9-14/hr PT. Deliver meals for Take Out Taxi. All shifts available. Must have own vehicle. Call 301-571-0111.

DRIVER

TRUCK DRIVERS WANTED

Swimming pool Co. located in Fairfax, VA and Silver Spring, MD is hiring for the 2006 Summer season. We have FT and PT seasonal positions available starting now. These positions are daytime Mon-Sat. Must have a Class B CDL w/tanker, HAZMAT, and Airbrake endorsements, to deliver swimming pool chemicals and supplies out of either location. We have several position available.
Call Robert 1-800-992-6286

DRIVERS—TRUCK, exp. dump truck drivers NEEDED. CDL Req'd. Benefits. 2yrs exp req'd.
FAIRFAX TRUCKING INC. 703-323-1155

FLORAL/1 Exper'd Floral Designer & 1 Sales Associate—Must speak English for busy shop in McLean, VA.
Call Fred, 703-356-8852 email: wfgayjr@aol.com

JOBS

EDITOR

Versatile Editor Wanted

Express, The Washington Post Co.'s free commuter daily, is looking for a versatile general assignment editor to join its hard-working newsroom. The ideal person will have four to eight years' experience as a writer and/or editor in a daily news environment, either in print or online, and will be equally comfortable editing hard news, sports and light features. Other essentials: meticulous copy editing skills (you'll be tested); seasoned news judgment; fine headline-writing touch; quirky sense of humor and a broad awareness of cultural and pop-cultural trends. Send resume, letter and five writing and/or editing samples to resume@readexpress.com or Express, PO Box 17370, Arlington, VA 22216 attn: Editor Search. No phone calls, please.



ELECTRICIAN

Alarm/Access/CCTV exper'd Svc/Install. Comp pay, 401K, health, pd vac/hols, co truck. Exper'd only. Beltsville, MD. Email, Fax or Call gnajaka@aol.com, FAX 301-931-1959 or CALL 301-931-0200 ext. 102.

ESL Instructors

Employment oppy for ESL Instructors in Korea. 4 yr college degree req'd. Free housing, airfare, health benes. Great pay! 1 yr contract. Fax resume to: 703-323-4750 or email: hightop72@hotmail.com

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Hospitality Temps

Now recruiting exper'd:

- Cashiers
- Stand Attendants
- Grill Cooks

For immed. work, apply Tues thru Sat 9am to 2pm w/police clearance & uniform + 2 IDs & checkable refs. to: 600 PA Ave, SE, Street Lvl, WDC

FUNDRAISING

Assoc. Dir/Development

Will be responsible for managing fundraising activities for the College to include at least 50% grant writing.

Must have min. of 5-7 yrs exp in fundraising, grant writing, proj mgmt, & sales; exc verbal & written comm skills; ability to draft grant proposals, RFPs, & other correspondence; advanced skills with software applications, BA req'd, MBA or similar advanced degree pref'd.

ACC offers a competitive salary & outstanding benefits. Submit resume w/cover ltr to **jobs@acc.org**. To review full job description: **www.acc.org** click 'Job Search.' EOE M/F/D/V
New WDC location Summer 2006



General jobs for social justice w/ACORN. No fundraising. Contact Project Vote at (301) 699-8000 for more info.

GROCERY CLERKS

—Spanish, African, Mahary or Arabic speaking. Call 202-543-1111

Home Health Aides

Right at Home

Provide support for elderly and disabled adults in DC. Must have license or certification. Call 202-269-1883.

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Front Desk Clerk, Fri. Sat. & Sun afternoon shift. Apply in person at 300 West Broad St., Falls Church, VA 22046.

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Wednesday
April 19, 2006
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10AM - 2PM

at Hyatt Regency Reston

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Janitorial

PT EVENINGS & WEEKENDS

DC location, \$12.84/hr. Must have clean driving record. Good credit history & must be able to pass criminal background investigation. Call 703-359-7394.

LANDSCAPING/GREENS TEAM

Team needed to build artificial putting greens & sport courts. Will train. 703-978-2800

LOAN—Exp'd Loan Processor & Loan Officer needed.
CALL: 703-204-0270

LOCKSMITH

FedLock seeks ENTRY LEVEL (will train) & EXPER'D TECHS. Installation/service, access control, hardware, no auto, no on-call. Great oppy for personal/professional growth, exc salary/benes. Fax 703-525-1637 Attn Michael

LOCKSMITH

F/T position open. Prefer 2-3 yrs exper. but will consider training motivated indiv. w/carpentry/mechanical skills. Must be personable w/excellent driving record for Mont Co., MD service calls. Call 301-948-1996 or fax resume to: 301-948-5265 Interviews by appt at H&H Lock & Security, 9140 Gaither Rd, Gaith., MD 20877 Mon-Sat 8am-4pm. Call Greg or Paul for appt.

MANAGEMENT

NOVA Fitness chain seeks highly motivated sales team leaders. Fun job w/ great benefits. Will train. Call Natalie, 703-530-8348

Mortgage

Loan Officer/Manager

Min 1 yr exp. Work in Tysons Corner. Top pay/benefits. Call 703-731-5966

Mortgage

Loan Officers

Great place to work, true office space. w/ exp. upto 70%. No exp. will train. Contact Mrs. Johnson 301-577-3600 ext 240.

MORTGAGE PROCESSORS

High volume Mortgage Broker Needs exper'd processors - 4 yrs exper., work w/lenders & able to prequalify loans. Fax (301) 567-5542 or HR.mortgage@comcast.net

NURSE ADMINISTRATOR

FT for 2 room endoscopy center in Frederick, Md. Exp'd in management, endoscopy, JCAHO & Medicare pref'd. FAX resume: 301-668-4008; or EMAIL: careymiller@adelphia.net.

NURSE CASE MNGRS F/T—Medical case mgmt. co. looking for nurses exper'd in worker's comp. & will travel; requires RN; ltd case load & no on-call duty; exc. salary & benef; FAX resume to: 410-247-8738.

Occupational Therapist

OT needed for MR Adult Day Treatment Program. Will evaluate, assess, recommend program for consumers to improve physical function. Must be lic. in DC. 2 yrs. exper. Consultant or work as FT staff. FAX resume & salary requirements to: 202-526-7631.

OFFICE MANAGER ASSISTANT

Needed in growing company in Fairfax VA. Multi-task, organizational skills, personable. Fax resume and salary requirement to: 703-383-3246.

OFFICE HELP

Industrial sales counter/Quickbooks knowl. Dixie Sheet Metal, Falls Church, VA Call 703-533-1111

OPTICIAN

Needed for Private Optometrist office in Lakeridge. At least 1 yr exper in Sales & Edging. Excel benefits. Call Tammy 703-680-4323 or Fax resume 703-680-4358.

PAINTER

Exp'd painters. hrly. Woodbridge area. Leave msg. 703-455-2644

PAINTERS

3 yrs exper in commercial painting. Must have own transport. Contact Jorge Turcios, 301-922-9681.

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Physical therapy office needs a doctor, P/T MD/DC license. 202-635-0700

PLUMBERS—New company seeking master plumber. Fax resume to 301-203-1481 or call 301-292-7551.

Printing

Person w/print exp. wanted but not to print. Int'l. Company seeks individual with small offset bkrd, computer exp. Helpful. This unique entry level, supervisory position offers benefits, travel, growth opportunity, and a future.

Call Mr. Heimbuch
 (301)-604-4440 or
 BHeimbuch@mpihq.com

Process Servers

Washington-Baltimore Metro area. Exp. req'd; car, phone, fax a must. Steady volume & income. Call: 301-987-2424

PROJECT MANAGER

Landscaping contractor has 2 immed opening for Project Manager/Estimator. Applicants must be highly organized, multi tasker, articulate & willing to learn new things. Valid Driver License is a must. Exp pref'd; not necessary. Fax resume 301-372-2899 or email to fllandscapingmd@yahoo.com

Real Estate

NEW HOME SALES COUNSELORS

Ryland Homes is looking for EXPERIENCED NEW HOME SALES COUNSELORS for the greater Washington D.C. area. 2 years min. experience required. Please send resumes to: 4100 Monument Corner Dr., Suite 300, Fairfax, VA 22030 or fax to 703 502-5262, Attn: Sales and Marketing Dept. EOE.

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Restaurant

Cashier & Line Cook, FT. Outgoing & energetic. Call betw. 2:30 & 4p. 703-271-1993.

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The All New Bacchus of Lebanon
 Opening May 1!

- WAITSTAFF
- BUS HELP
- HOSTESS
- FOOD RUNNERS

Full Time/Weekend Help
 7945 Norfolk Ave, Bethesda, MD 20814
 240-426-7699 or 301-657-1722

RESTAURANT/PIZZA

Drivers, Cooks, & Manager

Needed immed. for the grand opening of 1 of the nations best 'hot 100 pizza chains'.

Vocelli Pizza

Bailey's Crossroads, VA. 22041 Top Pay.
 Johan 703-622-8434.

RESTAURANT

Odyssey Cruises now hiring all positions: Servers, Server Assistants, Bartenders, Cooks, Dishwashers, Hosts and Marine Crew. Applications taken in person on Wednesday's from 10-2pm. Applications also online at www.jobflash.com/ pyi or by phone 877-409-6460 Odyssey Cruises located at Gang Plank Marina, 600 Water St. SW located near The Waterfront Metro Greenline. Equal Opportunity Employer

RESTAURANT

LATE NIGHT SERVERS

11pm-7am. For the IHOP in Clinton, MD. Good pay. Apply in person 8905 Woodyard Rd. Clinton, MD

Restaurant

IMMEDIATE OPENINGS NO NIGHTS

Chutzpah Deli/Restaurant is opening a new location in Tysons Corner. Servers & Counter help needed. Good pay, flexible schedule. Apply today start tomorrow. Call after 2pm for interview. 703-385-8883.

Restaurant

Denny's Restaurant located at 4445 Benning Rd., NE, Wash, DC is accepting applications for FT/PT Server & Cashier position. Restaurant exp is a plus. Apply in person or call 1-866-709-2071. Store #07145.

RESTAURANT

COOKS

Experienced, Grill/Prep.
 Lindy's Bon Appetit, 2040 I St NW.

RESTAURANT

COOKS & BARBACKS

Needed for Tradewinds Night Club.
 Call 301-449-1234, Tues-Fri after 4pm.

RESTAURANT

EXPERIENCED COOKS

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Restaurant

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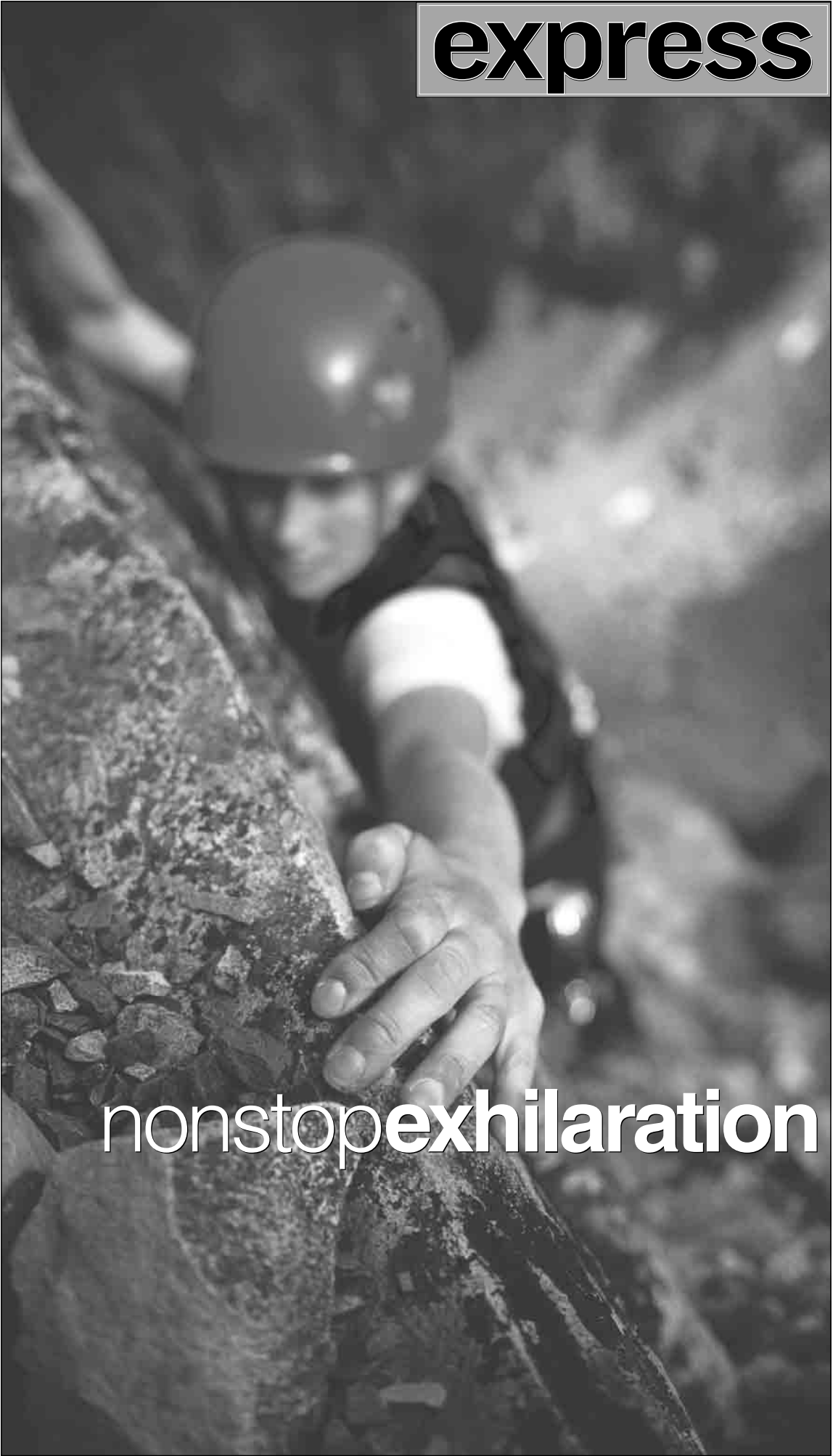
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Museums

Smithsonian museum beginning research into history of hip-hop

Whether the Smithsonian will get giggy is an open question, but it has launched a new initiative to research hip-hop, the once outlaw street music that over three decades has grown into the driving force behind a multibillion-dollar entertainment and fashion industry.

The National Museum of American History announced the artifact-collecting effort at a February event in New York City attended by such luminaries as Russell Simmons, rapper Ice-T, break dancer Crazy Legs and hip-hop founders Afrika Bambaataa, Kool Herc and Grandmaster Flash. Among the first donated items were a vintage boombox from Fab 5 Freddy (host of the bygone "Yo! MTV Raps"), a turntable from Flash and two graffitied jackets from Bambaataa.

The announcement has prompted jokes — the satirical newspaper *The Onion* wondered if the museum's exhibit will include a "nine-room wing displaying bullets removed from two decades of rappers" — as well as earnest debate.

"There's going to be a lot of arguing over the collection over time," Nelson George, author of the 1999 book *"Hip Hop America"* tells Smithsonian magazine, "because there are all these agendas about what hip-hop is, what represents hip-hop, and a regional component as well. This is the beginning of a long dialogue."

Hip-hop's detractors say they worry about enshrining gangsta rap, which often glamorizes vio-



THE MASTER IS IN: Hip-hop pioneer DJ Grandmaster Flash, who donated the turntable at left, describes the genesis of his career at a news conference to launch "Hip-Hop Won't Stop: The Beat, The Rhymes, The Life," a future exhibit at the Smithsonian's National Museum of American History. The exhibit has no opening date as of yet.

lence and crime and denigrates women.

Curator Marvette Perez, who is spearheading the project, says the initiative must indeed address the cruder side of hip-hop. George and others agree that a full treatment is warranted. "If you're going to do hip-hop, you've got to do hip-hop," he says, arguing that its history shouldn't be sanitized.

"It's important, not because it's fun all the time but because it embodies all the challenges of African-American youth culture."

The initiative, called "Hip-Hop Won't Stop: The Beat, the Rhymes, the Life," was suggested by former LaFace Records CEO Mark Shimmel, now of Mark Shimmel Music, who says it's "the only idea I've ever heard that everybody loved."

Perez says hip-hop has been "a lot more influential than I actually ever thought in terms of peo-

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HENNY RAY ABRAMS/AP

House of Style

ple's memories of it and connections to it. And we want to do something that brings together all of that."

Hip-hop veterans welcome the

scholarly interest.

"We started it, and it continues through ups and downs," says Kool Herc, who declines to give his age. "But the boundar-

ies hip-hop crossed over to bring all these cultures together, that never happened before. Young kids can relate to their parents right now. Kids born into hip-hop don't have no color. That never happened until now."

Simmons, 48, who cofounded the label Def Jam Records, says the exposure will teach the next generation that its sound, which a lot of younger listeners might associate with commercial efforts to market cars and clothes, has a profound history of social protest.

For that matter, some observers say a hip-hop exhibition might help the museum's street cred.

Says Benjamin Chavis, former chief executive for the NAACP and now the CEO of Simmons' Hip-Hop Summit Action Network: "I predict more than the normal long lines of young people flocking to the Smithsonian." (AP)

Cast Away

Medicine

Broken bones get held together with new technologies

The black Velcro bandage strapped on 3-year-old Ben Crotty's left arm looks like a Rollerblader's wrist guard, but it's really a mini medical milestone: It's today's answer to the cast.

Once almost a childhood rite of passage, plaster or fiberglass casts were the method of choice for fixing broken bones. But now, doctors around the world are increasingly shunning cumbersome casts in favor of more cutting-edge options for both kids and adults: splints, special boots, metal plates, rods and screws. For Ben Crotty's broken wrist, it was a removable splint.

Support for the modern technique on kids was bolstered by a Canadian study last month in the journal *Pediatrics*. It showed that in children aged 6 to 15 with wrist fractures like Ben's, those who wore removable splints for three weeks

had better physical function during treatment and afterward than those treated with plaster casts. The splinted kids also escaped cast-related problems: Four youngsters sought emergency room treatment for wet casts and one for removing a pencil placed under the cast.

As an ER doctor at Chicago's Children's Memorial Hospital, Steve Crotty, Ben's dad, is all too familiar with some of casts' nastier complications. Casts that aren't waterproof can get moldy, and Crotty said he's "seen maggots crawling out of casts" that kids got wet. So when Ben's doctor offered a splint as an alternative, his dad readily accepted.

Other cast alternatives include "cast boots," which look and feel like wearing ski boots and are used to treat some foot and ankle fractures. They're removable for bathing and easier to walk in than old-fashioned "walking casts," said Dr. Cynthia LaBella, medical director at the Institute for Sports Medicine at Chicago's Children's Memorial Hospital.

In the past five years or so, better alloy metals and advances in design and technology have made

use of pins, rods and special metal plates that "lock" onto bone fragments commonplace in treating adult fractures.

Some of those newer devices require surgery to implant them next to broken bones, but they're far better than casts at realigning bones into a normal position, said Dr. Matthew Jimenez of the Illinois Bone and Joint Institute in Morton Grove.

Doctors are increasingly shunning old-fashioned casts in favor of more cutting-edge options for both kids and adults.

For some fractures, that means starting to use the injured limb within a few weeks rather than a few months of immobilization in a cast, he said.

These devices are most appropriate for adults, whose bone growth plates have closed, Jimenez said.

Patients and their parents have higher expectations these days and often won't accept "anything short of perfect," said Flynn. "They want a bone to be put back straight."

LINDSEY TANNER (AP)



Ben Crotty, 3, uses a Velcro bandage to mend his fractured wrist. Removable splints and other methods are replacing conventional plaster or fiberglass casts



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The new face of Missoni is all relative

Another Italian fashion dynasty is proving that it does indeed like to keep things in the family.

The face of Missoni's new perfume is Margherita Missoni, who represents the knitwear company — famous for its colorful zigzag patterns — started by her grandparents, Rosita and Ottavio, in 1953. She stars in the advertising campaign and makes personal appearances at events and even signs bottles at department stores.

This makes Missoni a multi-generational fashion powerhouse, much like Salvatore Ferragamo, Fendi and Benetton.

But 23-year-old Margherita Missoni never intended a career in fashion and she's not sure her role in the company will last forever. There are other things that interest her: acting, for one.

Instead of going the socialite-turned-starlet route, using her name

to get in the door — and likely into a movie or a reality show — Missoni does the occasional small play, mostly in New York, which she calls home. The day after this interview she planned to head upstate for a rehearsal.

Her family's name — and wealth — allows her to concentrate on perfecting her craft in small acting classes without being forced to take an exploitive gig to pay the rent, she says. And while her name might make her a target for gossip columnists, the name also protects her because people think twice before really going after her, she says.

"I finished high school at 18 and I was going to party in the (Missoni) clothes. It helped give the clothes a younger image. It was not decided that I'd go into fashion, but as the third generation in a fashion family, people and magazines liked the story. My photos started to appear in magazines, and it was good for Missoni," she explains over a waffle breakfast in a Greenwich Village cafe in Manhattan.

Modeling, however, wasn't something she entered into without



Margherita Missoni is the face of the new fragrance named for the brand founded by her grandparents more than 50 years ago. The perfume launched in March.

careful consideration. It was her mother, Angela, now the brand's artistic director, who encouraged her to fully weigh the consequences.

"I thought I had thought about it but I didn't realize what it really meant until I saw a double page of my face in The New York Times," Missoni says. She also was unprepared for the greeting she got in London when she made a personal appearance at Harrods. "The whole

ground floor was covered with my face. I came in and everyone was looking at me and clapping, then shaking hands. I felt like the queen of England."

Fashion has always been an integral part of her life, Missoni says, but she's not obsessed with trends or the hottest labels. She also says she's seen more of the work side of fashion than the glamour, noting that she grew up, not in Milan, but in the Italian countryside.

One of her favorite parts of the day is getting dressed, trying to find a new combination that she hasn't worn before. Of course, it helps that she has an almost unlimited wardrobe. There's plenty of Missoni in her closet and she's integrated herself into the New York fashion scene, making friends with young designers, including Zac Posen.

Her mother has called her a "muse," but Missoni says it's just natural for her mother to take some inspiration from her younger, more casual style of dress. Missoni also doesn't hold back her opinion, even if mom doesn't ask for it.

Cleaning



Spritz Your Shower

The **SCRUBBING BUBBLES AUTOMATIC SHOWER CLEANER** (\$25, drug and grocery stores) is God's gift to lazy people like this reporter. The device hangs from your showerhead and looks like a water bottle for a giant gerbil. After you step out of the shower, a push of a button gives you 10 seconds to get out, close the door/curtain and watch the cats flee as the sprayer noisily whirls around, misting the shower walls with cleaning fluid. A dirty shower looked cleaner in about a week, and stayed acceptably clean for about three more. The bottom of the tub will still need scrubbing, however.

KRISTEN PAGE-KIRBY (EXPRESS)

Gifts



Pajamas for a Cause

It's already time to start freaking out about Mother's Day (May 14). Do some good by getting your matriarch one of two limited-edition pajama sets from **KAREN NEUBURGER** (karenneuburger.com). The "HearttoHeart" (\$68) capri ensemble supports women's heart health; the "Think Pink" pair (\$74) supports the Breast Cancer Research Foundation. The latter is made of KN Cool Wicking fabric, making it a suitable gift for moms going through menopause (those who won't spazz when her child gives her something to help combat hot flashes, that is). K.P.K.



Missoni Eau de Parfum (\$60-\$110, Neiman Marcus) mixes fruit, florals and chocolate.

The Metro Area

Post staff writer **MARY BATTIATA** was online Monday to discuss her Magazine article about coexisting with coyotes in the D.C. suburbs. | [washingtonpost.com/liveonline](https://www.washingtonpost.com/liveonline)

Do coyotes pose a rabies risk? If a human or a pet is nipped by a coyote, should they get a rabies shot?

So far, coyotes have not been found to carry rabies, except in a small area of southernmost Texas. Distemper symptoms mimic those of rabies, and coyotes are vulnerable to distemper.

How can we tell coyote tracks from dog tracks? We see what we thought were dog tracks along the W&OD trail in our neighborhood all the time, but now I wonder if some of them may be from coyotes.

The tracks are similar looking. Coyote scat however usually looks quite different from dog droppings. It's narrower, grayer and often has mouse or other animal fur visible in it.

For years I was fighting a losing battle against the rats that were dining on my expensive birdseed. About a year ago I noticed they weren't around anymore; about the same timeframe I saw a red fox in my backyard. Any chance that a coyote might be around as well?

In rural areas, coyotes and foxes don't tolerate each other very well, but in the suburbs, where food is more plentiful, that may be different. Birdseed doesn't attract coyotes, but it attracts the small animals, including mice and voles, that attract coyotes.

After reading your article I realized that walking my small dog off-leash in Rock Creek Park may be unwise. What do you know about the population and patterns of coyotes in the park? Have there been reports of cats or dogs being taken in the park?

As far as I know, no dogs taken. Though one dog did get into some kind of wrangle with a coyote last year. Coyotes have mostly been

Life With Coyotes

seen only in the remotest center of the park, outside the public areas. There's a spot back in there where the carcasses of deer that have been hit by cars are dumped. Park rangers have photographed coyotes with infra-red cameras around there. But only at night, and well away from public areas.

Are coyotes territorial and do they respect others' territory? What I am wondering is whether a home with a dog's scent would keep a coyote out of one's yard or not?

Elizabeth Marshall Thomas
("The Hidden Life of Dogs") says

“So far, coyotes
have not been found
to carry rabies,
except in a small area
of southwest Texas.”

MARY BATTIATA
A POST STAFF WRITER, ON HER
RESEARCH INTO COYOTES LIVING IN
THE D.C. AREA

her two dogs have worked out a territory- sharing detente up in Petersburg, N.H. The dogs have the yard, the coyotes take the woods. Every once in a while one of her dogs will run off with the coyotes but comes back unharmed. But she has large dogs. She also said that she would not leave any size dog tied up outside in an area where coyotes are present.

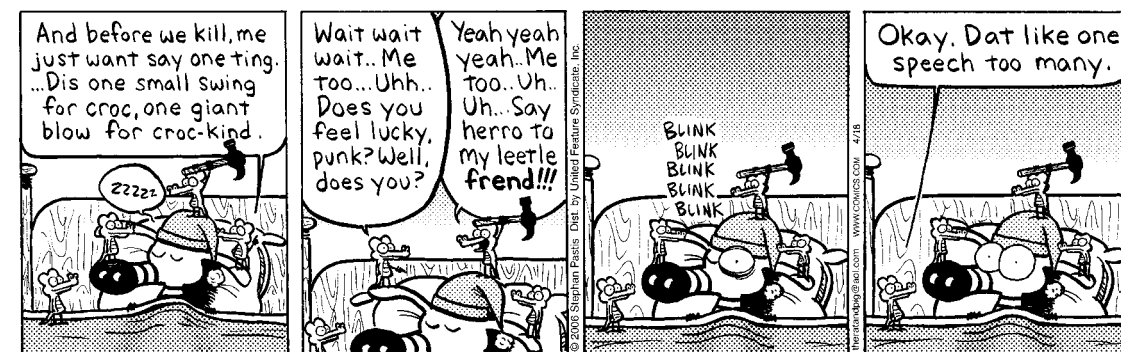
→ Today on Live Online

2 P.M.: HUD Assistant Secretary Kim Kendrick will be online to discuss renters' rights and fair housing laws.

3 P.M.: In celebration of National Poetry Month, poet Robert Pinsky will field questions and comments about his work and the state of poetry in this country.

Bizarro | *Dan Piraro***Pooch Cafe** | *Paul Gilligan*

Pearls Before Swine | *Stephan Pastis*



The Duplex | Glenn McCoy



Cornered | *Mike Baldwin*



“I’m sure we can agree it’s a fine product at an exceptional price. Why cloud the issue by debating its point of origin?”

A DENTED CONGRESSIONAL IMAGE

“At this point, the battle is about which party will implode first — which is hardly a ringing endorsement for America’s political system these days.”

JAY REDING.COM SURVEYS THE CURRENT STATE OF AFFAIRS ON CAPITOL HILL.

THE Blog LOG

AWARDS SEASON

“See, covering the misdeeds of Republicans and holding them accountable, instead of gladhandling them, can be good for your career after all.”

THELEFTCOASTER.COM SAYS THAT THIS YEAR’S PULITZER PRIZE AWARDS, OF WHICH THE WASHINGTON POST GOT FOUR, WERE MEANT TO SEND A MESSAGE

AN UNEXPECTED PAIRING

“If they keep this up, this might just turn out to be a great season. This was a great meditation on homosexuality and the mafia. I know that sounds funny, but this hour really worked on many levels.”

MISTERWEINSTEIN.BLOGSPOT.COM ON SUNDAY’S EPISODE OF “THE SOPRANOS.”



GEOGRAPHY BEE

“I don’t want to sound ignorant, but I have absolutely no idea where Namibia is or what their names are like. In fact, up until three minutes ago ... I didn’t even know that Namibia was a real place. They could’ve called it Narnia and I wouldn’t have known the difference.

DISPLAYING AMERICA’S EXPERTISE IN GEOGRAPHY, **THESUPERFICIAL.COM** LEARNS ABOUT AFRICA BECAUSE OF ANGELINA JOLIE AND BRAD PITT’S PLANS TO GIVE THEIR NEW BABY A NAMIBIAN NAME.

LOOKING FOR A WARD 4 HOTTIE



“I ... will be looking quite hot while I look for hot black men in suits.”

CIRCLEV.BLOGSPOT.COM RELAYS SOME E-MAILS SHE’S RECEIVED FROM A FRIEND ABOUT A MAY 3 MEET-AND-GREET EVENT AT THE TABARD INN FEATURING D.C. COUNCIL MEMBER ADRIAN FENTY, WHO IS RUNNING FOR MAYOR.

Horoscope

By Stella Wilder

ARIES (March 21-April 19) Don’t be too self-centered or self-concerned. It’s important that you share what you know and how you feel with someone close to you.

TAURUS (April 20-May 20) Something that appears quite mysterious to those around you is likely to be crystal-clear to you — until you look twice. Don’t be fooled.

GEMINI (May 21-June 20) Thoughts of riches and prosperity will be on your mind throughout the day, and you’ll be thinking of ways to make dreams come true.

CANCER (June 21-July 22) You’ll have a chance to redefine another’s notions of what should and should not be done at this time. It’s all a matter of right and wrong.

LEO (July 23-Aug. 22) You’re in for an adventure of sorts, and if you have what it takes, you can go on a ride that you’ll remember for quite some time. Are you ready?

VIRGO (Aug. 23-Sept. 22) You’re likely to encounter something new and excit-

ing before the day is out, and you’ll be inspired to increase your efforts quite on your own.

LIBRA (Sept. 23-Oct. 22) Anticipation may have you on pins and needles throughout much of the day, but it is quite likely your patience will be duly rewarded by nightfall.

SCORPIO (Oct. 23-Nov. 21) It’s never too late — and you’ll discover there’s still a chance to take advantage of an opportunity you thought had passed you by.

SAGITTARIUS (Nov. 22-Dec. 21) Keep things honest and direct; avoid secrets or any kind of underhanded or mysterious behavior. You’ll want to fulfill expectations.

CAPRICORN (Dec. 22-Jan. 19) You may not want to tackle the day all at once; start slowly, work in phases and give yourself plenty of time for preparation.

AQUARIUS (Jan. 20-Feb. 18) Your concern for those around you is on the rise, and just in time. You’re entering a phase in which your help will prove invaluable.

PISCES (Feb. 19-March 20) Despite your excitement, your uneasiness should reveal that you are in way over your head at this time. You may want to back out.

express

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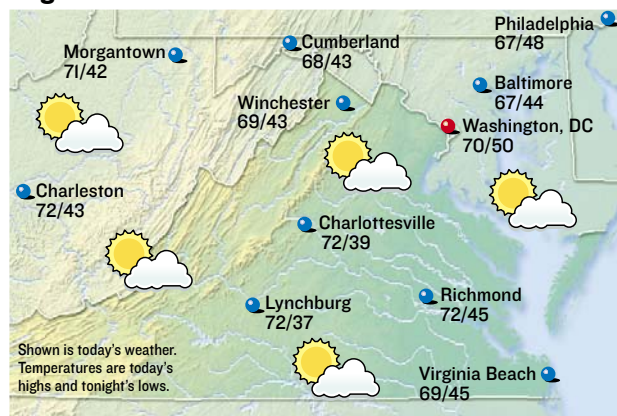


DO get up the energy (nyuk, nyuk) to check out **GreenDC** events. Sure, the days of GreenDC Week (dceo.dc.gov) have some suspect names — Tuesday is “Holistic Energy Day,” for example — but it’s good for ideas on changes you can make in your own life to help out, especially as Earth Day is Saturday.

5 Day Forecast for the Washington Area

Today	Tonight	Wednesday	Thursday	Friday	Saturday
Mostly sunny, a warmer afternoon	Mostly clear	Mostly sunny, warm	Mostly sunny, warm	Partly sunny, a shower possible	Mostly cloudy, showers possible
70°	50°	74° / 52°	78° / 54°	74° / 54°	66° / 52°

Regional Weather



Forecasts and graphics provided by AccuWeather, Inc. ©2006

Almanac

Washington, D.C., through 4 p.m. Mon.

Temperature

High	60°
Low	47°
Normal high	67°
Normal low	46°
Average humidity	70%

Precipitation

24 hours ending 4 p.m.	0.36"
Month to date	1.62"
Normal month to date	1.55"
Year to date	7.38"
Last year to date	11.96"
Normal year to date	10.99"

For up-to-the-minute weather, see:
washingtonpost.com/weather

Regional Forecast

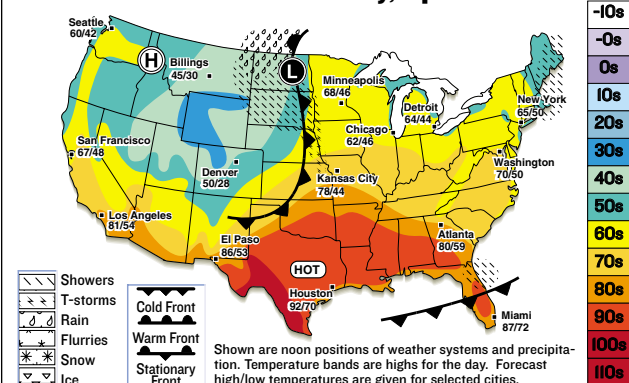
D.C. Metro: Today, mostly sunny, warmer in the afternoon. High 70. Wind north 8-16 mph. Tonight, mostly clear. Lows 44 suburbs to 50 city.

Sun and Moon

Sunrise today	6:28 a.m.
Sunset tonight	7:48 p.m.
Moonrise today	12:25 a.m.
Moonset today	9:18 a.m.



National Weather for Tuesday, April 18



National Cities

City	Today	Wed.
Atlanta	80/59/s	76/59/t
Boston	54/44/c	62/48/pc
Chicago	62/46/s	66/46/c
Dallas	96/61/pc	80/57/pc
Denver	50/28/pc	54/32/s
Honolulu	83/72/s	83/70/s
Los Angeles	81/54/s	83/54/s
Miami	87/72/s	87/72/pc
New York City	65/50/pc	70/54/s
Orlando	90/66/pc	86/66/pc
Seattle	60/42/pc	62/44/pc

World Cities

City	Today	Wed.
Amsterdam	52/43/pc	54/44/pc
Athens	72/56/pc	74/52/c
Berlin	54/36/pc	58/42/pc
Buenos Aires	72/57/s	75/63/s
Calgary	56/30/pc	62/37/s
Dublin	54/46/pc	55/34/c
Geneva	59/38/sh	64/48/pc
Moscow	52/39/r	54/35/r
Rome	68/52/sh	70/53/pc
Sydney	75/62/t	79/54/pc
Tokyo	67/52/s	64/50/pc

s-sunny, pc-partly cloudy, c-cloudy, sh-showers, t-thunderstorms, r-rain, sf-snow flurries, sn-snow, i-ice.

OVEREXPOSURE

Metro Riders See Bono In Express Again, Feel Tired



"One life, with each other, sisters, brothers" from the U2 song "One" is Britain's fave lyric, said a VH1 survey.

Runner-up: "So you go and you stand on your own, and you leave on your own, and you go home, and you cry, and you want to die" from The Smiths' "How Soon is Now." (AP)

FORMERLY FAMOUS

Where Are They Now?

ROB THOMAS will tour with Jewel starting May 23. Jewel's new album, "Goodbye Alice in Wonderland," is set for release May 2. Thomas will plug 2005's "... Something to Be." (AP)



RENE MACURA/AP

WIMPING OUT

Baggage Jane

JANE FONDA says she would like to tour the country and speak out against U.S. involvement in Iraq, but her controversial history of Vietnam War protests leaves her with "too much baggage," she said Monday on "Good Morning America." (AP)

GUILT White Stripes Blame Only Themselves

Jim Diamond, a producer who worked on the first two **WHITE STRIPES** albums, is suing for a share of the royalties, saying he played a piv-



Jack and Meg take full responsibility for their sound.

otal role in creating the band's signature sound. The band denies that Diamond helped create their style. A June 12 trial date was set. (AP)



REED SAXON/AP

BRIGHT IDEAS

'Hey, We Should Give an Oscar for Ceremony Design'

STEVEN SPIELBERG will join filmmaker Zhang Yimou in designing the opening and closing ceremonies for the 2008 Beijing Olympics. Zhang, whose films include "House of Flying Daggers," was named Sunday to lead a team that includes Spielberg. "I've promised not to direct any films in the next two years so as to make full preparations for the Olympics," Zhang said. (AP)

"Get me Tom Hanks, Dakota Fanning and some overbearing symbolism."

THURSDAY April 20, 2006

NATIONAL OBSERVANCE AND CANDLELIGHT CEREMONY

US Chamber of Commerce

1615 H Street, NW, Washington, DC

Time: 6:30 – 7:30 pm

No RSVP Required



Featured Speaker:

Sharon Rocha,
Mother of Laci Peterson and
Grandmother of Conner and
Author of *For Laci:
A Mother's Story of Love,
Loss & Justice.*

You're Invited to Attend

PRELUDE EVENTS



This special week is held every April to honor crime victims and those who advocate on their behalf.

FRIDAY April 21, 2006

NATIONAL CRIME VICTIMS' RIGHTS WEEK AWARDS CEREMONY

Andrew W. Mellon Auditorium

1301 Constitution Avenue, NW
Washington, DC

Time: 2:30 – 4:00 pm

Reception immediately
following ceremony

Online RSVP required at
www.yesevents.com/ncvrw06



Office for Victims of Crime
OVC
"Putting Victims First"

FOR MORE INFORMATION, VISIT THE OFFICE FOR VICTIMS OF CRIME WEBSITE AT WWW.OVC.GOV

For individuals who are Deaf or Hard-of-Hearing, an ASL interpreter will be available.

LOOK out

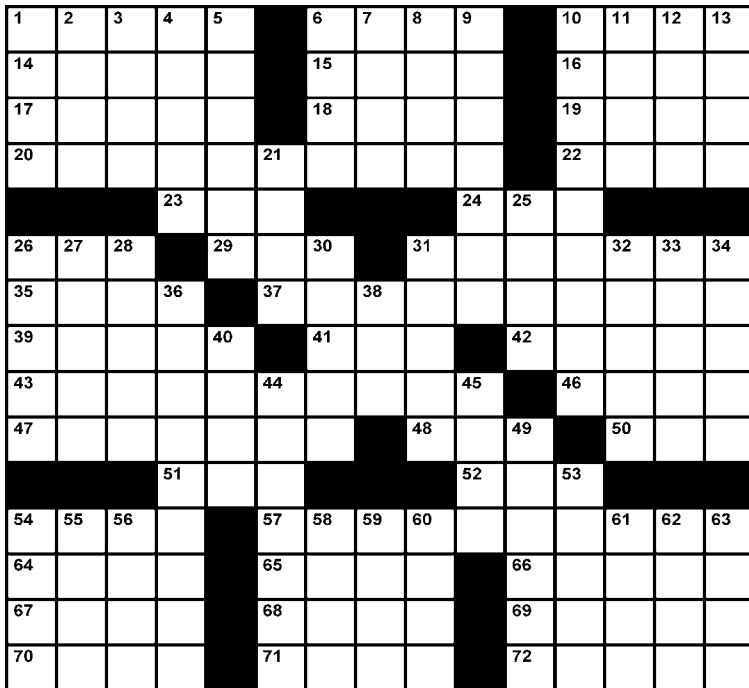
Are You Ready? | Edited by Timothy E. Parker

ACROSS

- 1 Cager's favorite sound
6 Augury
10 Word with iron or lock
14 Flinch of distress
15 Responded to the auctioneer
16 Wee bit
17 Some choir members
18 "___ She Lovely" (Stevie Wonder tune)
19 Resort near Copper Mountain
20 DARE
22 Gaelic
23 Female rabbit
24 Pastoral spot
26 Root word?
29 Gun lobby, briefly
31 Possibly
35 Designer
Cassini
37 Episodic
39 Pimpled
41 Middle of a kids' game
42 Homebuyer's option
43 Some massive land areas
46 Acidulous
47 Country bumpkin
48 Stand-in, for short
50 Quicentenary and quipedal starter
51 One ___ time
52 Comparative ending

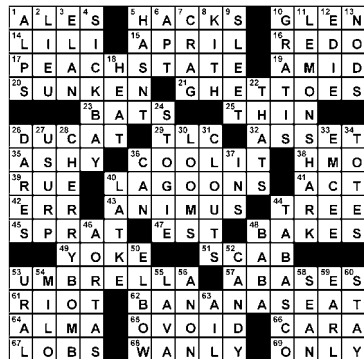
DOWN

- 54 Keypad predecessor
57 PARE
64 Approximately
65 Comfort
66 Take down
67 Come into possession
68 They'll bring you downhill fast
69 Bat shaper
70 Unexpected obstacle
71 TV host John
72 Dislodges
- 1 Absorbent stick
2 Sly trick
3 Pt. of IHOP
4 Give a tongue-lashing
5 "The Greatest Show on Earth" star
6 Off-Broadway award
7 Gender abbreviation
8 "So Big" writer
9 Provokes
10 CARE
11 Bellow
12 "How sweet ___!"
13 Hill companion
21 Croix de Guerre recipient
25 "A Passage of Arms" writer
Ambler
26 Nocturnal pest
27 City south of Knoxville
28 Comic Youngman



- 30 Took measures
31 Formal accords
32 Christie and Moffo
33 Man with a mission?
34 Mailbox features, perhaps
36 FARES
38 A dance, when doubled
40 Try to slim down
44 Most spiffy
45 What many followed
49 On ___ of (as a proxy for)
- 53 Concrete strengthener
54 Shar-peis, e.g.
55 Rafsanjani's land
56 One of 43-Across
58 It's useful in October
59 Goddess of fertility
60 Interweave
61 Kismet
62 "Days of Grace" memoirist
63 They often have a ball

Yesterday's Solution



Today in History

1775 Paul Revere began his famous ride from Charlestown to Lexington, Mass., warning American colonists that the British were coming.

1906 A devastating earthquake struck San Francisco, followed by raging fires. About 700 people died.

1921 Junior Achievement, created to encourage business skills in young people, was incorporated.

1945 Famed American war correspondent Ernie Pyle, 44, was killed by Japanese gunfire on the Pacific island of Ie Shima, off Okinawa.

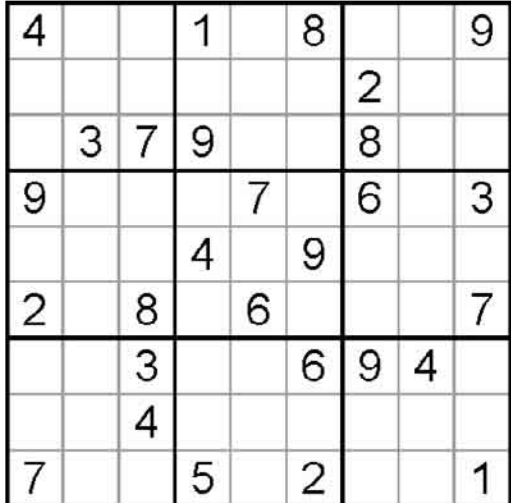
1956 Actress Grace Kelly married Prince Rainier of Monaco in a civil ceremony.

Su | do | ku | © Puzzles by Pappocom

Degree of Difficulty: MEDIUM

Fill in the boxes so that each row, column and 3-by-3 square includes the digits 1 through 9. For solution, tips and computer program, see www.sudoku.com

Yesterday's Solution



Can't get enough Sudoku? Find another Sudoku puzzle in the Comics section of the Post every Sunday and in the Style section every Monday through Saturday.



Have you had severe mood swings and now feel

DEPRESSED?

- Do you have highs and lows?
- Feeling down or like crying?
- Have difficulty making decisions?
- Feel hopeless or worthless?
- Can't sleep or sleeping too much?
- Have low energy or appetite changes?
- Can't concentrate?
- Don't enjoy things the way you used to?

THE GEORGE
WASHINGTON
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WASHINGTON DC

If you are experiencing some of these symptoms, you may be suffering from

Manic-Depression (Bipolar Disorder).

If you are between 18 and 65 years of age, have been feeling this way for at least 2 weeks, you may qualify to participate in a medication treatment research study.

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McLean
May 11th
American Legion
1355 Balls Hill Rd.

Springfield
May 18th
VFW Post 7327
7905 Kincannon Pl.

Alexandria
May 26th
Woodbine Rehab & Healthcare
2729 King St.

Bethesda
April 29th
May 6th, 13th, 20th & 27th
YMCA - Arylawn
5650 Oakmont Ave.

Rockville
May 5th & 19th
Best Western
1251 W. Montgomery Ave.

Vienna
May 12th
Residence Inn
8400 Old Courthouse Rd.

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NUTRITION

Pleasing Parsnip



Not a veggie fan? Here are 15 ways to trick your tongue and adapt your diet | **E5**

GOODS

Burn, Baby, Burn



A new device aims to beat pedometers by counting every calorie you burn all day long | **E3**

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Area instructors build muscles
— and a cultish fan base | **E4**



GETTY IMAGES

BaggageCheck

GOT ISSUES? DR. ANDREA BONIOR WILL HELP YOU SORT THEM OUT



Confronting Distant Friends and Lost Loves

Q My best friend/former college roommate and I recently moved back in together. I knew up front that one of her reasons for moving was to spend more time with her boyfriend without her parents breathing down their necks (we were both living at home). My problem is that she now spends ALL her time with him. We rarely speak more than two sentences to one another each day, and never hang out. A big part of me is really angry at her and wants to be done with this friendship. Another part of me is worried I'm just being over-sensitive because I don't have a lot of friends in this area. Is this worth working out and, if so, how should I broach the subject with her? —LORTON



has changed her priorities, and you miss her. It could be she's so absorbed in Joe Wonderful that she doesn't realize how much she's disappeared. It could be her life is moving in a different direction than yours, even in other ways, and that you're growing apart. Or

it could be that, for now, she really does want to spend every second of every day counting the freckles on her boyfriend's back, and no one can convince her otherwise. But the phrase "best friend" — like the phrase "Limburger cheese" — evokes a strong reaction in me, and

right now that reaction is that I couldn't imagine letting it go without at least an attempt to salvage it. What do you have to lose?

Bring up your concerns in whatever manner you've used to address past issues in your friendship. Surely as college roommates you must have had some scrapes, whether they involved hurt feelings, misunderstandings or crusty, abandoned dishes. Send an e-mail, or plan a meal together, or blurt it out late one night while you're examining your toes for corns. But don't make it about being angry — give her a chance to see that you miss her. She may be too wrapped up to make changes, but at least you'll know you tried.

Q Do you think it's a good idea to contact an old ex-boyfriend that one still misses?

I think about my high-school sweetheart all the time, especially now that I'm single again. The last time I talked to him he was almost engaged, but then I heard the wedding didn't happen. We are now both 26. I'm wondering if my urge to reconnect is just a phase I'm going through, and

that maybe the reality won't live up to the fantasy.

— EX MARKS THE SPOT

And if the reality doesn't live up to the fantasy, so what? Maybe his new and disturbing attempt at facial hair — or his total unavailability — will give you the cour-

“Best friend, like ‘Limburger cheese,’ evokes a strong reaction in me.”

age to move forward instead of looking back. Or maybe he'll be everything you've been dreaming of and then some, and you'll hit it off over baba ghanoush and move forward together. Seems to me it's worth a shot. Bonus points if you're truly prepared to take no for an answer.

Send your mental health and emotional wellness questions to Andrea Bonior, Ph.D. at baggage@readexpress.com. This column is not a substitute for one-on-one care.

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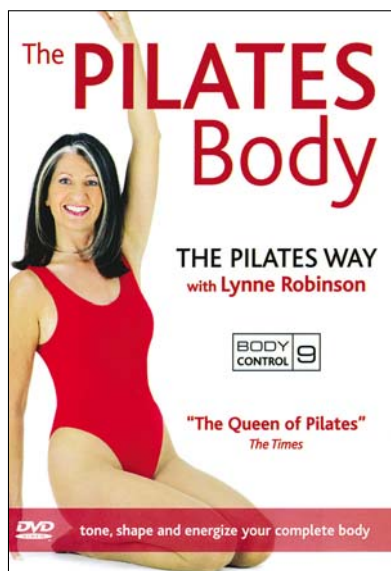
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Feel the Burn, See the Burn

FOLDING LAUNDRY IS A WORKOUT, but a pedometer would never know it. With a "super-accurate motion sensor," the new Biotrainer (\$50, biotrainerusa.com) promises to count every calorie burned through any kind of activity. It's nifty to know that making a salad knocks out 2.1 calories, but the finicky device often stopped counting during a day-long test. And after a 10K jog on a treadmill, it said the wearer burned just 400 calories, which is impossibly low.

NEW
IN HEALTH
**warm
ups**



Queen of The Core

THE MARY POPPINS OF PILATES is not Lynne Robinson, whose delivery is straightforward to the point of being cold. She offers zero encouragement, not even a "you can do it!" as you pound through another set of oblique crunches. But the stern Brit has won the approval of both Elizabeth Hurley and Hugh Grant, so it would behoove viewers to listen up as she leads three challenging 25-minute workouts on this DVD, now available in the U.S. (\$13, amazon.com.)

Goodbye, Mr. Bad Chip

PARTY FOODS ARE BY NATURE terrible for you. But Glennys's Zen (glennys.com) tortilla crisps could change that. The triangular soy and corn chips, which come in regular, ranch, nacho cheese and salsa flavors, don't taste like the real thing, and they look like thin slivers of Styrofoam. But they're yummy nonetheless, and a lunch-size bag packs just 110 calories and boasts nine grams of protein. After a few margaritas, guests won't even notice.



Front-Row Bike Seat

STRAPPING JUNIOR ON the back of a bike means Mom and Dad can't keep tabs on whatever mischief he's cooking up. The Kangaroo (\$60, weeride.com) puts the child between parents' arms instead. Our tester dad assembled the seat in 15 minutes and soon had his 16-month-old sailing along. When he saw the wind run through his little princess' hair, he was sold.

PRODUCTS

GuineaPig



Fiber Without The True Grit

POISONS AND OTHER nasty toxins are always tasteless (at least in the movies). But healthy living seems to require gagging down icky concoctions. So the minds behind Metamucil have introduced Fibersure (\$9), a supplement that adds five grams of fiber with each teaspoon and claims to be invisible, flavorless and grit-free.

The pure white substance derived from chicory root has the consistency of fine sand. It was with trepidation that this tester sprinkled the powder over a bowl of Lucky Charms (which contains just one gram of fiber per serving). But the cereal tasted as marshmallowy delicious as always, and the last drops of sugary milk quickly disappeared.

In yogurt and pasta sauce, Fibersure again swirled away without altering the taste. Perhaps its most impressive feat: Hiding in a batch of Easter cupcakes. The recipients of the sweet treats didn't know why their bowels were moving with such ease and grace that day, but surely they appreciated the kick in the colon. We'll never suffer through a bran muffin again.

VICKY HALLETT (EXPRESS)

Strollers for Winning the Baby Race

Seemommyrun.com founder offers tips to get 'rents rolling

MARATHON TRAINING IS exhausting enough when you're dragging your own butt. But Andrea Vincent of Manassas has completed an 18-mile haul while pushing her baby in a stroller. Having a dependable model is key, explained Vincent, the founder of seemommyrun.com, a site dedicated to organizing running clubs for moms.

Parents in the market should think about where they're planning on doing their running. Strollers can come with smooth tires for pavement or nubby tires for dirt. "If you run races, smooth tires are lighter," Vincent said. "Nubby works well at the beach, too." Lower-priced models tend to be heavier, which is just fine if you're mainly a walker, but can hurt when you're sprinting up a hill.

The two leading brands are BOB (bobtrailers.com) and Babyjogger (babyjogger.com). Vincent pre-



BOB's Ironman is marathon-ready.

fers BOB (her kid rides in the \$350 Ironman) because of its shock system, but many choose Babyjogger's models, which come with a foot brake. Also, look to see how strollers collapse. If it's a pain to fit into your trunk, it might not be so handy.

Even with the best strollers, some accessories are good to snag. Vincent recommends zipping in a fleece liner during the colder months, along with a rain shield. In the summer, a bug shield is de rigueur to keep babies bite-free. And then they'll be ready to go wherever you decide to roll them. v.h.

VITAL STATS

91

PERCENTAGE OF AMERICANS WHO BELIEVE WEIGHT HAS AN IMPACT ON ATTRACTIVENESS, ACCORDING TO THE PEW RESEARCH CENTER.

| THE EXPERTS

TrainReaction

Run Happy

Q I've been a distance runner for years. As a result, I have very tight hamstrings and am not very flexible in my legs, which I know isn't good for my back. Is there a secret to stretching I don't know?

The secret is: It's not always about stretching a tight muscle.

When you run, the gluteus maximus (aka butt) is the prime mover. The hip extension, or push-off phase of the gait cycle, generates your power for running. When the glutes are too weak for that push, the hamstrings will activate to provide the hip extension. The result is a very tight hamstring group, plus back pain.



Single-leg squat with medicine ball.

The solution is thus to work your butt! In the gym, perform deep squats below parallel. Do a lunge to standing position from the floor. For a beginner, this is one of the safest ways to work the glutes. Also, perform single leg step-ups and squats; "butt isolation" exercises on the floor; AND stretch your hamstrings and the iliotibial, or IT, band along the outside of your legs. Finally, always keep your center of mass above your hips while running.

Matthew Blair Davis is an award-winning personal trainer and president of Functional Revolution Fitness (functionalrevolution.com), which provides private personal training for Northern Virginia and D.C. E-mail him at matt@functionalrevolution.com.



STEP IT UP: Gia-Ninh Chuang, front, has devoted followers at Washington Sports Club, YMCA and The Sports Club/LA.

Stars of Sweat

The most popular people in class are teachers

Kyle Russ won't set foot in his cycling class for the next month. It's not that the public-relations associate is getting lazy. It's that his favorite teacher is taking a sabbatical, and Russ can't imagine clipping into pedals for anyone else. "I'd feel like I was cheating on him," Russ declared.

For others, those random classes on fitness center schedules may be something to visit on a whim to punch up their regular routines. But Russ and his ilk go for guru-like instructors who have made their courses destination exercise.

Take Russ' revered Gia-Ninh Chuang, who chose a tax theme for his cycling class at Washington Sports Club this past week. He warmed up his devotees to *N

Sync's "Just Got Paid," and cooled them down to "Bills Bills Bills" by Destiny's Child. But through the panting, everyone accessorized their spandex with smiles. "He's funny and encouraging, not one of those Nazi types," said Charissa Benjamin, a colleague of Russ' at Qorvis Communications who has also fallen under Chuang's spell.

A similar approach with a dash more flirtation reels in a heavily female crowd at The Sports Club/LA and Somafit, where the French-accented Laurent Amzallag leads Ya-La, a dance-aerobics class of his own creation. "I'm sort of a cult follower," admitted twice-a-week addict Kirsten Johansen as she loosened up before a session last week. He switches the tunes and moves from hip-hop to disco to "Cotton-

Eyed Joe" (which requires square-dancing steps). While crisscrossing the room, he gives each participant personal motivation and constantly reminds them to "shake your butt." "He makes you want to work harder," said Allison Tierney, who feels

"I'd rather be respected than liked. I don't teach to be popular."

the results when she's exercising outside of class.

To show loyalty to their chosen teachers, students will rearrange their lives to ensure they never miss

a class. Chuang has had students tell him, "I just got back from Europe and my luggage is in the locker room." Because Amzallag's classes are in the middle of the workday, he has one pupil who told her office she has a weekly medical appointment. Johansen needs to rush in and out to keep her Ya-La schedule intact: "My cab bills have added up, but is it worth \$20 a class? Yes."

When Monica Ammann, who's taught step aerobics at Washington Sports Club for over a decade, hears these stories, she's reminded of herself. "I was one of those people. I had teachers I liked and I freaked if there was a sub." Now, buffness buffs feel the same way about her. Her students will reserve space on the studio floor an hour before class to ensure they get a space. Sparring for a better spot is not unheard of. "I live 24 miles out and I pass 30 gyms on my way here," said David O'Neal of Lorton, who braves the traffic for both Ammann and Chuang.

David Ingalls, the founder of the Ashtanga Yoga Center, knows about traveling for fitness experiences. He went to India. And now 20 people drag themselves to Tenleytown at least five days a week for the 6 a.m. Mysore practice, which he teaches in the exact way he learned while studying with the yogi who invented Ashtanga. "I stay close to the specifics and the more formalized I am, the better response I get from the public," he said. "I'd rather be respected than liked. I don't teach to be popular."

But he is, and the dedication he brings out in his students allows them to improve in ways they wouldn't if they half-heartedly popped into a class now and again. A stellar instructor makes students never want to give excuses. "Anybody can work out hard and any instructor can teach a hard class," Chuang said. "My goal is to make them have a good experience."

VICKY HALLETT (EXPRESS)

running for congress

■ Del. Eleanor Holmes Norton

WHEN CONGRESSWOMAN Eleanor Holmes Norton had a vote in the House's "Committee of the Whole" in the early 1990s, she would dash to the floor for votes. As soon as the District's vote was stripped away, she immediately gained five pounds. So she had to find other ways to stay in shape. v.h.



"Now I park on the Senate side and walk over. I wear flat shoes — I have my heels in my bag — and I walk fast. And I never ride an elevator up. Sometimes I ride one down when I'm in a hurry though."

"I was a runner for a long time until I switched to race walking. I race walk all around the monuments. When I ran, I missed some days and I never

do now. I think running sent a message to my brain that made me want to do it less often."

"In the winter, I have to turn on the VCR and I do my aerobics routine. It's a 20-minute dance with a lot of jumping and simultaneous arm movements."

"I'm at my best if I have a liquid protein, banana and berry mixture."

Peas, Made Pleasing

15 taste tricks to make anyone eat their vegetables

It may be Mother Nature's cruelest abuse of power: Chemicals that make vegetables good for us — phytonutrients — are the same ones that cause us to shudder at the sight of greens.

But you can conquer vegetable resistance. Here are ways to turn vegetables into foods you may crave:

Oil 'Em Up: Fat makes all food taste more satisfying.

Cook Brussels Sprouts Faster: Slice diagonally. Microwave with water, butter and caraway seeds.

... And Onions Slower: Roasting brings out sweetness and cuts sharpness.

Add Stealth Vegetables: If you don't like the taste of vegetables, soup may be your best solution: Most soups cook for so long that flavors mellow and weaken.

Eat Babies: In some vegetables, flavors intensify as the plant matures, which is why baby versions have wider taste appeal.

Try Dips: Snack on raw veggies with a bowl of dip or your favorite salad dressing in front of the TV.



Say Cheese: Moderate amounts of cheese sauce make broccoli satisfying. Or toss bits of your favorite cheeses in with spinach or kale.

Splurge on Something Fried: So many people dislike parsnips that it's hard to believe that fried parsnips are the most popular item at Kennebec Tavern in Bath, Maine.

Start Blanching: Wonder why the Chinese consume many more vegetables than Americans? The secret is blanching, a technique common among Asian cooks.

Hold Out for Perfection: While tomatoes rival potatoes as America's favorite vegetable, many people say they are bland. Buy those that are vine ripened.

Protect Them from Bad Company: Parsnips can become bitter

when stored near fruits, which produce ethylene gas. Store parsnips in a closed paper bag.

Enroll in Eggplant 101: While everyone knows too-mature eggplants are bitter, size isn't your best clue. If your thumb leaves an indent, the eggplant will be bad tasting.

Get Thee to a Farmer's Market: The flavor in cruciferous veggies intensifies the longer they're on the shelf.

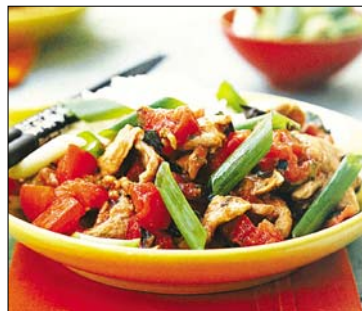
Read Up on the Vegetable You Hate Most: Understanding why something is good for you makes it easier for you to stomach it.

Honor Your Inborn Sweet Tooth: Indulge in sweeter vegetables — yams, squash and carrots — which pack nutritional advantages. SARAH MAHONEY (PREVENTION)

That's a Spicy Meat Dish

■ Garlic Pork with Tomato and Basil

INGREDIENTS: 2 ounces pork tenderloin, thinly sliced, 2 teaspoons cornstarch, 1/4 teaspoon salt, 1/8 teaspoon freshly ground white pepper, 3 tablespoons cold water, 2 tablespoons oyster sauce, 1 teaspoon sugar, 1 teaspoon Sriracha (hot chili sauce), 2 teaspoons peanut oil, 2 teaspoons minced fresh garlic, 2 cups chopped seeded plum tomatoes (about 3 tomatoes), 3/4 cup chopped fresh basil, 1/4 cup chopped green onions, 2 cups



hot cooked brown rice.

MAKING IT: Combine pork, 1 teaspoon cornstarch, salt and pepper in a small bowl, tossing to coat.

Combine water, oyster sauce, sugar, Sriracha and remaining 1 teaspoon cornstarch in a small bowl.

Heat oil in a large nonstick skillet over medium-high heat. Add minced garlic and pork mixture; saute 3 minutes or until the pork is done. Add chopped tomatoes; saute 1 minute. Add cornstarch mixture; cook 1 minute or until thickened. Add basil; stir to combine. Remove from heat, and sprinkle with onions. Serve with brown rice.

Makes 4 servings (serving size 1 cup pork mixture and 1/2 cup rice). (AP)

257 cal., 6.2 g total fat (1.6 g saturated), 21.2 g pro., 28.5 g carbs, 2.9 g fiber, 55 mg chol., 294 mg sodium

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STUDIES



You Light Up My Brain ...

Tanning addicts may be just that. Wake Forest University Baptist Medical Center researchers found that tanning beds appear to trigger the production of endorphins, opiate-like brain chemicals that make people feel good. When frequent tanners were given a drug that blocks endorphins, some even showed symptoms of mild opiate withdrawal.

Over-the-Counter Power Hour

A cocktail of acetaminophen, aspirin and caffeine is more effective at beating migraine pain than is ibuprofen, according to a study in the journal *Headache*. In a clinical trial of 1,555 migraine sufferers, researchers at the San Francisco Headache Clinic found that the combo (sold as Excedrin Migraine) worked faster and provided longer-term relief than ibuprofen.



hypochoondriac

WHAT YOU COULD HAVE BUT PROBABLY DON'T

Do you feel and appear normal? You could be in the midst of a **DISSOCIATIVE FUGUE**, during which you may have left home and assumed a new identity, with no awareness of doing so. Fugues tend to end on their own, and this form is linked to wars, accidents and natural disasters. SOURCE: MERCK MANUAL

Spring Clean Your Body

Rid yourself of yucky chemicals with a few simple steps

By cleansing our systems, we get rid of unwanted toxins and chemicals. A bonus is that we might identify foods we are allergic and addicted to.

There are myriad ways to go about detoxing our system, including simple shifts to a healthier diet, taking natural supplements, spending a few days on a juice diet or fasting.

According to Ann Louise Gittleman, author of "The Fat Flush Plan" and "The Fast Track One-Day Detox Diet," 80,000 new chemicals have been introduced since the end of World War II. "We are living in a chemical soup and people are getting sicker at a younger age. To me it's frightening," she said.

So the air we breathe, the water we drink, the foods we ingest and the pesticides we pepper our lawns and gardens with put us at risk. But the ways to rid these harmful squatters aren't difficult.



DONNA MCWILLIAM/AP

Smoothies: Good for detoxifying!

Water plays an integral part. Gittleman believes everyone should be drinking half their body weight in ounces of water daily. "People who think they are really hungry are actually thirsty," she said.

Smoothies are an easy way to get a healthy supply of nutrients, particularly when made with a juicer. Carrots, blueberries, blackberries and bananas are among the recommended fruits and vegetables for smoothies.

Green teas are a source of antioxidants, and chamomile helps clean out the digestive system. Coffee, on the other hand, is a red flag. "More than two cups of coffee a day is trouble," Gittleman said. "Caffeine is not only difficult for the liver, but if you're using it as a stimulant, it's producing insulin and cortisone, which make for a roller-coaster ride with blood sugar."

Gittleman suggests detoxing by eliminating anything white from your diet. That includes sugar, flour (including gluten wheat) and rice. "Those are foodless foods," she says. "They have very little nutritional value and no fiber."

RAY HOGAN (STAMFORD ADVOCATE)

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**Dove Energy Glow (\$8)**

THE VERDICT: Glow-wise, this lotion rules. But boy, does it smell like self-tanner — that perfumey, chemically, overripe apple-esque scent not found in nature. Color built up quickly, with two applications making for a healthy tint that didn't look fake or pumpkiny. And the moisturizing component was light and non-greasy — just right for summer.

**L'Oréal Sublime Glow (\$10)**

THE VERDICT: Scarlett Johansson pimps this potion, which gave legs an orangey tint but tempered the chemical smell with mango butter and almond oil. The goop was fairly quick about bestowing glow, but caused this tester to wonder whether applying a mild tanning lotion every day is any better than using the faster-acting stuff once a week.

**Jergens Natural Glow Face (\$7)**

THE VERDICT: Last year, women nearly came to blows trying to score woefully understocked tubes of Jergens Natural Glow, the original tanning moisturizer. So Jergens had nowhere to go but up ... to the face, where no one wants to rub body lotion. The look is extremely subtle — two applications didn't even equal one sweep of bronzer, so be patient. The problem with any face self-tanner: Exfoliation takes off the top few layers of color, so it's hard to maintain the fake bake.

**CVS Essential Glow (\$5)**

THE VERDICT: The bottle and ingredient list are the spitting image of Jergens Natural Glow. Yet the lotion is watery with cottage cheese-like curds. It also didn't seem to impart much color. On the other hand, it didn't smell as self-tannery.

SkinDeep

THE EXPERTS

Hair Today, Gone Tomorrow

Q I have hair growing out of two moles on my face. Is this bad?

Only if you're not a witch. No, seriously, hair in a mole is not a problem. According to dermatologist Yolanda Holmes, "You have small hair follicles on your whole body, but the follicles may just be more prominent where the moles are," which makes the hair more noticeable.

If pointy hats and broomsticks aren't your bag, Bowie dermatologist Howard Brooks says shaving or plucking the little sucker is fine, but may result in ingrown hairs. (And don't forget simply cutting the hairs.) Consult with a doctor before doing anything more permanent. "Electrolysis would work, but you wouldn't want to put a laser on top of a pigmented mole," Brooks said. Removing the entire mole is another option, and most insurance companies will cover at least part of the cost. You're looking at a 20-minute procedure that'll typically run about \$300, he said.

If you're a worrymole, er, wart, Brookes says to watch your mole's ABCDs. A stands for Asymmetry. B is for changes in the Border of the mole. C is for Color — note any changes or variations within the mole. D is a Diameter greater than six millimeters (roughly the size of a pencil eraser). And if your mole changes shape, size or color, see your dermo, pronto. LYNN THORNE

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